Sherpa Nomad Trek
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Annapurna Base Camp Trek - 13 Days

ANNAPURNA BASE CAMP TREK: EPIC ANNAPURNA TREK

The **Annapurna Base Camp Trek** is Nepal's premier moderate-level trek, offering some of the world's most stunning landscapes, opportunities for cultural exploration, and visits to charming Gurung and Magar villages, all while providing breathtaking mountain views from close vantage points. Also referred to as the Annapurna Sanctuary Trek, this journey takes you to the base of Annapurna I, which stands at 8,091 meters, making it the 10th highest mountain in the world. Annapurna Base Camp is a special trek route alongside the **Everest Base Camp Trek**, **Annapurna Circuit Trek**, and **Manaslu Circuit Trek**. This comprehensive 13-day itinerary encompasses the **Ghorepani Poon Hill**, renowned for its spectacular mountain vistas, glorious sunrises, and the largest rhododendron forest, before proceeding along the Annapurna Base Camp trail. The Annapurna Base Camp itself is a remarkable location where you can enjoy a 360-degree view of the Annapurna range, including peaks such as Fishtail (6,993m), Annapurna South (7,219m), Himchuli (6,442m), Annapurna Fang (7,647m), Annapurna I (8,091m), Tent Peak, and numerous others, all of which appear incredible during sunrise and sunset. The Annapurna Base Camp is an ideal vantage point for observing Annapurna I, which rises to 4,130 meters. Notably, the Annapurna Base Camp is at a relatively lower elevation, allowing trekkers to witness glaciers and the eight-thousanders, making it suitable for individuals of all ages, fitness levels, families with children, as well as both novice and seasoned trekkers. Book the Annapurna Base Camp trek with **Sherpa Nomad Trek Pvt. Ltd**. and explore the scenic landscapes to uncover the rich natural and cultural diversity.

The **Annapurna Base Camp Trek** can be regarded as a short trek or a longer one, depending on the routes you choose and your desire to explore the area during this journey. Typically, journeys last between 5 and 13 days, with walking distances ranging from 60 to 120 km based on the selected routes. Every year, thousands of trekkers visit to experience this naturally stunning trail, enjoying breathtaking views of the landscape and mountains, alongside the local culture. Please

note that while the altitude at Annapurna Base Camp is less concerning, reasonable fitness is still required. Each day, you will need to walk for 5-6 hours, primarily on ascending and descending trails. It is advisable to start some warm-up exercises before the trek begins. Come and book the Annapurna Base Camp Trek with Sherpa Nomad Trek, the best local company offering a well-crafted itinerary with maximum flexibility. Our comfortable and luxurious packages include expert guidance, impeccable hospitality, and authenticity. We prioritize safety and security, along with eco-friendly trekking and sustainability.

ANNAPURNA BASE CAMP TREK COST FOR 2026-2027

The Annapurna Base Camp Trek, lasting 13 days, is designed for comfort and luxury, encompassing all services from arrival to departure as per the itinerary. The trek's cost ranges from 1000 USD to 1200 USD per person, depending on group size, through Sherpa Nomad Trek Pvt. Ltd. Prices may vary based on group size, duration, service level, and package type. With Sherpa Nomad Trek, you can anticipate luxurious and comfortable accommodations in the city, along with optimal logistical arrangements in the mountains. This package includes a professional guide, porter, permits, mountain meals, hot drinks, and flights between Kathmandu and Pokhara for both arrival and departure. If you are looking for the best package and team for the Annapurna Base Camp Trek, do not forget to book with **Sherpa Nomad Pvt. Ltd.,** where we focus on quality service, with safety and security as our top priorities. The cost of the Annapurna Base Camp luxury package is determined by group size, accommodating solo travelers to larger groups with well-managed services. The costs are as follows:

- The Cost of the ABC Trek is 1200 USD for solo travelers
- The price of the ABC Trek is 1100 USD per person for groups of 2-6 people
- The Cost of the ABC Trek is 1000 USD per person for groups of 7 to 10 people

MAJOR HIGHLIGHTS OF ANNAPURNA BASE CAMP TREK

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- Join the renowned Annapurna Base Camp trek in Nepal with the best local company.
- Discover the vibrant cities of Kathmandu and Pokhara before embarking on your journey to Annapurna Base Camp.
- Experience luxury accommodations in Kathmandu and Pokhara, along with the finest lodges in the mountains.
- Take advantage of the scenic mountain flight that connects Kathmandu and Pokhara.
- Explore the world's stunning landscapes and diverse climates.
- Witness the impressive sunrise and sunset views from Poon Hill, overlooking the Annapurna and Dhaulagiri ranges.
- Immerse yourself in the cultural and natural beauty of the Annapurna region.
- Spend a night at the base of Annapurna (8091m) at Annapurna Base Camp, enjoying breathtaking close-up views of the mountain.
- Relax in the hot springs at Jhinu after your adventurous day.
- Discover the rich flora, fauna, and local culture during your journey.
- Sherpa Nomdam Trek Pvt. Ltd. provides a luxurious and comprehensive package at an affordable price.
- Discover the breathtaking Lower Annapurna region near Pokhara with knowledgeable local guides and exceptional service.
- If you seek the ultimate complete package for the renowned Annapurna trek, this offering is ideal for trekking in Nepal.
- Experience breathtaking views of the Annapurna Massif basin and behold the world's 10th-highest peak (8091m).
- The Ghorepani Poon Hill route is perfect for acclimatization for the Annapurna Base Camp Trek, showcasing magnificent sunrise and sunset vistas.

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IMPORTANT NOTES

- The Annapurna Base Camp Trek via Ghorepani Poon Hill offers a comprehensive experience.
- Enjoy breathtaking sunrise views from Poon Hill (3210m) and marvel at the extensive mountain range.
- Explore the Magar and Gurung villages, immersing yourself in their warm hospitality and rich culture.
- Stroll through the lush rhododendron forests, which are particularly vibrant during the spring season.
- The Poon Hill hike serves as an excellent acclimatization opportunity for the Annapurna Base Camp Trek.
- For locals, the mountains hold sacred significance; it is important to honor their culture and lifestyle.
- For hygiene reasons, it is advisable to avoid consuming meat and dairy products.
- Maintain a slow pace, stay hydrated, and refrain from smoking and alcohol.
- Travel with a local guide and company to enhance your overall experience.
- Consider joining Sherpa Nomad Trek Pvt. Ltd. for quality service at a reasonable price
- Ensure you have the appropriate gear for the Annapurna Base Camp Trek.
- The Annapurna Base Camp Trek requires two permits: the Annapurna Conservation Area permit and the TIMS card.
- The fees for these permits are covered within the package cost.
- To acquire the permits, it is necessary to provide each traveler's passport along with a passport-sized photo.

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DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu

Welcome to Nepal, a country rich in diversity. It stands out as one of the premier adventure destinations globally, showcasing both cultural and natural variety. You will inhale the Himalayan breeze while uncovering the extensive history of civilization and the hidden gems from medieval times. Today marks your arrival; our representative will greet you at the airport gate, holding a company name card that features your name. Meet our team and experience the warm Nepali hospitality, receiving a flower garland before boarding the car. The drive may be brief, but you will be captivated by the vibrant city life. Your Annapurna Base Camp Trek via the Ghorepani Poon Hill trek package includes luxurious hotel accommodations in Kathmandu at Ramada Encore or a similar hotel. Check into this beautiful hotel, and afterward, we will take you to our office at Shera Nomad Trek Pvt. Ltd. to finalize your trip. This evening, you will have the opportunity to explore the lively atmosphere of Thamel City. Enjoy your first night at Hotel Ramada Encore in Thamel.

Day 2: Kathmandu to Pokhara (823m): Flight with Mountain views: 25 minutes flight and Explore Pokhara

Today marks the second day of the Annapurna Base Camp trek. Begin your day by waking up, preparing your backpack, and finalizing the items you will take for trekking, along with any belongings you wish to store at the hotel’s storage. After that, join a warm breakfast and enjoy the meal before meeting our guide and driver as we head to the domestic terminal of Kathmandu Airport. It is essential to arrive at the airport one hour prior to your flight, and we will ensure that all necessary arrangements are made accordingly. The flight from Kathmandu to Pokhara is brief, yet it offers breathtaking views of the valley, the Nepali landscape, mountains, and a stunning valley visible from the plane. Although the flight lasts only 25 minutes, it is undoubtedly one of the most

scenic flights you will ever experience. Upon landing in Pokhara, known as the lake city, we will transport you to Hotel Middle Path or a similar accommodation. You will have free time to explore, whether that involves sightseeing, paragliding, rafting, or simply strolling around. Should you require any assistance with these activities, please do not hesitate to let us know. Enjoy your time in Pokhara before the adventure truly begins.

Day 3: Pokhara to Nayapul Drive and Trek to Ulleri (2000m): 6 hours

Today marks the third day of the Annapurna Base Camp trek via the Ghorepani route. Rise early to experience the breathtaking beauty of Pokhara, savor a delicious breakfast, and then embark on your true adventure with a scenic drive to Birethanti, where your journey continues on foot. The drive offers numerous impressions of the landscape, featuring rolling hills, magnificent Himalayan ranges, lush green forests, and ancient villages. Birethanti is home to the Annapurna Conservation Checkpoint, where we will register our permits before starting our trek along the Modi Khola river, passing stunning farms, villages, and tranquil areas away from the hustle and bustle of city life. The trail is gradual, and you will traverse through Ramghai, Sudame, Hile, and Tikhedhunga. A lunch break will be taken at Tikhedhunga, a perfect spot to enjoy a meal and admire a beautiful waterfall. After lunch, cross two suspension bridges and begin the most challenging part of the day. The trail leads you to Ulleri via 3,200 stone steps, a steep ascent that takes approximately 1.5 hours. Despite its difficulty, the views are absolutely stunning. Upon reaching Ulleri Village, you will spend the night here. Enjoy dinner at the lodge where you will stay and experience your first evening in the beautiful Magar Village.

Day 4: Trek from Ulleri to Ghorepani (2868m): 5 hours

Rise early in the morning to experience the breathtaking sunrise over Annapurna South and Hiuchuli. Immerse yourself in the serene natural beauty and tranquil atmosphere. After enjoying

breakfast, embark on your journey to Ghorepani. Initially, you will need to trek uphill for about 30 minutes, followed by a gradual path to Banthanti, where you will be treated to stunning views of Machhapuchhre, standing at 6,993 meters, one of the most magnificent mountains in the world. Leaving Banthanti behind, continue your trek towards Nange Thanti through a dense forest, where you will pause for lunch. This location, nestled within a vibrant rhododendron forest, is particularly stunning during the spring season. After lunch, the journey continues to Lower Ghorepani, traversing through the lush oak and rhododendron woods. You may want to capture a photo at the arrival gate, and remember to register your permit at the checkpoint before proceeding to Ghorepani. The trek from Lower Ghorepani takes approximately 15 minutes to reach your destination. This charming village is home to the Gurung and Magar communities and offers spectacular views of the Annapurna and Dhaulagiri ranges. Take some time to explore this beautiful village. Do you know what Ghorepani means? It translates to 'horse water,' as it served as a resting place providing water for horses during the salt trade era. Enjoy dinner and go to bed early to prepare for tomorrow's sunrise hike to Poon Hill (3,210 meters).

Day 5: Poon Hill (3210m) Hike at dawn to witness the Mountain and Trek to Tadapani (2650m): 6-7 hours

Rise one hour before sunrise and prepare a small bag for your hike to Poon Hill (3210m), renowned for its breathtaking mountain views and sunrise. Essential items include a headlamp, camera, warm clothing, and water. The journey involves ascending 1900 stone steps through a rhododendron forest, offering stunning mountain vistas. Upon reaching the summit, you will be greeted by the sight of Dhaulagiri, Annapurna I, Nilgiri, Annapurna South, Himchuli, Fishtail, Mardi Himal, and over 25 other peaks. Experience the most beautiful moment during sunrise and capture this stunning scene before hiking to Ghorepani, which takes about 30 to 45 minutes. After breakfast, prepare for the trek to Tadapani (Far Water). The journey ascends to Tapla Danda and gradually leads to Deurali village. Along the way, you will encounter rich flora and fauna, magnificent mountain views,

and lush green valleys. Beyond Deurali, the trail descends to Banthanti, taking approximately 2 hours, where you will stop for lunch. This spot offers a perfect lunch setting with views of a small river. After lunch, the trail continues with a gradual descent until you reach the river, cross it, and climb to Tadapani, where you will spend the night.

Day 6: Trek from Tadapani to Sinuwa (2200m): 7 hours

Today marks day 6 of the Annapurna Base Camp trek via Ghorepani. Begin your day in Tadapani village, where you can savor the sunrise and mountain vistas from your hotel balcony. Enjoy a hearty breakfast before setting off on your trek to Sinuwa. The journey starts with a descent through the jungle to Chuilé, followed by another descent to the Kimrung Khola river. Cross the suspension bridge and ascend to Kimrung village, where you will stop for lunch. After lunch, the trail remains gradual for about 10-20 minutes before ascending to Durbin Danda. From Durbin Danda, you will continue to Chhomrung village along a gentle trail that showcases the lush valley and ancient villages. Chhomrung is the largest Magar and Gurung village and offers stunning views of Annapurna South, Hiuchuli, Gandarba Chuli, and Fishtail. At the checkpoint, present your permits and then descend to Chhomrung Khola via stone steps. Finally, ascend to Sinuwa village, where you will spend the night.

Day 7: Trek from Sinuwa to Deurlai (3200m): 6 -7 hours

Take in the breathtaking views of the lush, rolling mountains, cascading waterfalls, and dense forests as you make your way up to Upper Sinuwa. This section is both steep and picturesque. From Upper Sinuwa, you will be able to see Annapurna South, Hiuchuli, Fishtail, Annapurna III, and numerous other peaks. The trail leading to Bamboo Village takes approximately 1.5 hours through the forest, showcasing waterfalls, mountain vistas, and vibrant green valleys. From Bamboo, the path generally ascends all the way to Deurali via Dovan and Himalayan. This day will bring you to a

higher elevation, allowing you to experience a rich diversity of landscapes. You will have lunch at Dovan and spend the night in Deurali Village.

Day 8: Trek from Deurali to Annapurna Base Camp (4130m): 5 hours

Today, you will reach the final destination of your trip at Annapurna Base Camp via Machhapuchhre Base Camp. Begin your day after breakfast and walk through the valley beneath Machhapuchhre and Hiunchuli, continuing beyond the tree line along the moraine, where you will be treated to stunning views of Gangapurna, Annapurna III, Tent Peak, and more. Once you arrive at Machhapuchhre Base Camp, you will be greeted by breathtaking 360-degree mountain views and can enjoy a lunch break in this beautiful area. After lunch, trek to Annapurna Base Camp (4130m), leading your journey through the stunning Himalayan terrain and magnificent soaring peaks alongside glaciers and remarkable landscapes. Take advantage of your free time for photography and capture the best moments of your journey. You will witness the sunset over the entire Annapurna Massif. Enjoy dinner and have a restful sleep in this beautiful place beneath the 10th-highest mountain and the stars.

Day 9: Trek back from ABC to Bamboo (2400m): 7 hours

Rise early in the morning to experience the stars and breathtaking mountain vistas before and after sunrise. You will be treated to stunning views of the majestic mountains, including Annapurna I, Annapurna South, Machhapuchhre (Fishtail), Hiunchuli, Tent Peak, Gangapurna, Annapurna Fang, Bahara Shikhar, and many more. Capture the beauty of these mountains and glaciers, enjoy breakfast, and then trek back to Bamboo village via Machhapuchhre Base Camp, Deurali, Himalayan, and Dovan. Bamboo is a serene area nestled within the jungle, located on the banks of the Modi Khola River.

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Day 10: Trek from Bamboo to Jhinu Danda (1700m): Enjoy the time with natural Hot Spring

The journey starts after breakfast as you ascend to Upper Sinuma through the lush forest. From Upper Sinuma, descend to Lower Sinuma along the path, cross the Chhomrung River on a suspension bridge, then climb to Chhomrung Village. From Chhomrung Village, the trail leads you down to Jhinu Danda. Enjoy lunch at Jhinu Danda, and after your meal, take a detour to the hot springs located by the Modi Khola River, which is about a 30-minute walk from Jhinu Danda. Relax in the natural hot springs to soothe and rejuvenate your tired body, leaving you feeling wonderful. Return to Jhinu and spend the night in this picturesque little village.

Day 11: Drive back to Pokhara from Jhinu Danda : 2 hours and free day in Pokhara

Today marks the conclusion of the Annapurna Base Camp trek, beginning with breakfast followed by a brief 10-minute walk to the region's longest suspension bridge. After crossing the bridge, our jeep will be ready to take us from Samrung to Pokhara, where we will enjoy breathtaking landscapes, charming villages, lush green hills, and majestic white mountains. The journey lasts approximately 2 hours. Upon arrival in Pokhara, we will check into our hotel and have a free day to indulge in a massage, shop, or explore the sights nearby.

Day 12: Pokhara to Kathmandu via flight and Free Time in Kathmandu

After experiencing the stunning city of Pokhara, proceed to Pokhara Airport for a scenic flight to Kathmandu. During this brief journey, take in the breathtaking aerial views of the Himalayan mountain ranges, lush green hills, and charming landscapes. Upon landing at Tribhuvan International Airport, we will transfer you to your accommodation at Ramada Encore in Kathmandu. Check in and take a moment to unwind after your travels. The remainder of the day is yours to

discover Kathmandu at your leisure. You might wander through the lively streets of Thamel, shop for traditional handicrafts and souvenirs, savor authentic Nepali dishes, or simply relax at a café. Depending on your interests and the time available, you can also visit nearby cultural sites. This evening, we will host a farewell dinner. Immerse yourself in the vibrant atmosphere of Nepal's capital city and enjoy its distinctive mix of traditional culture and contemporary lifestyle. Overnight stay at the hotel in Kathmandu.

Day 13: Departure/ Next Adventure

Savor your final breakfast at the hotel in Kathmandu. Depending on your flight schedule, you may enjoy some leisure time to shop for last-minute souvenirs or unwind at the hotel. Subsequently, our representative will escort you to Tribhuvan International Airport for your onward journey. Say goodbye to the stunning country of Nepal, cherishing unforgettable memories of its awe-inspiring Himalayan landscapes, rich cultural heritage, warm hospitality, and remarkable experiences. We hope your journey has been both memorable and inspiring. Thank you for choosing us for your Annapurna Base Camp Trek, and we look forward to welcoming you back for another thrilling adventure in the future!

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PRICE INCLUDES

- International Airport Pick-up & Airport Drop-off
- 2 nights Hotel in Kathmandu at Ramada Encore with Breakfast
- Kathmandu to Pokhara by Plane
- 2 nights Hotel in Pokhara at Middle Path Hotel / Bodhi Suite Boutique Hotel & Wellness with Breakfast
- Pokhara to Naya Pul by Car/ Jeep/ Minibus as per the Group size
- All the logistical arrangements
- 8 nights Mountain Accommodation in a private Room at the best lodge, as per availability.
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- 2 Guests: 1 Porter to carry your heavy backpack.
- Fresh Organic fruit, nuts, and energy bars every day on the trek
- Wifi, a hot shower, and a charging facility
- 3 Cups of Tea or Coffee every day during the trekking.
- Requires Permits (TIMS & ACAP Fees)
- Govt. tax and Official Fees.
- Drive back from Smarung/ Jhinu to Pokhara by Car, Jeep, or Minibus as per the Group size
- Trekking gear like a sleeping bag, map, and a duffel bag
- Pokhara to Kathmandu by Plane
- Farewell Dinner in Kathmandu

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PRICE EXCLUDES

- Nepal Visa Fees (15 Days -30$ P/P, 30 Days -50$ P/P)
- Travel Insurance
- Drinks (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Trekking gear for clients
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Diver, Guide, and Porter
- Chitwan to Kathmandu by Tourist Bus: 15$ P/P
- Paragliding in Pokhara: 80$ P/P
- Seti River Rafting: 60$ per person

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EQUIPMENT & GEAR

Backpack

- 20–30 L daypack and Rain cover
- Dry bags or zip-lock bags for electronics and clothes

Clothing

- 2–3 moisture-wicking T-shirts
- 1–2 long-sleeve hiking shirts
- 2 pairs of trekking pants
- Thermal top and bottom (for cold mornings/nights)
- Fleece jacket & Lightweight down jacket
- Waterproof and windproof jacket
- Waterproof pants (especially during the monsoon)
- 2–3 pairs of quick-dry underwear
- 2–3 pairs of trekking socks
- Warm sleeping socks

Footwear

- Broken-in waterproof trekking boots
- Lightweight sandals or camp shoes
- Optional gaiters (rainy or snowy season)

Head & Hands

- Sun hat or cap, & Warm beanie

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- Buff or neck gaiter & Lightweight gloves

Sun Protection

- UV-protection sunglasses
- Sunscreen (SPF 30+)
- Lip balm with SPF

Sleeping

- Sleeping bag (-5°C to -15°C is sufficient for most seasons; many teahouses provide blankets)
- Sleeping bag liner (optional)

Water & Food

- Reusable water bottles (1.5–2 L total)/ Tharmas
- Water purification tablets or a filter
- Energy bars, nuts, or trail snacks

First Aid & Toiletries

- Personal medications, Blister treatment (e.g., Compeed or moleskin)
- Pain reliever, Bandages, and antiseptic wipes
- Toothbrush and toothpaste, Hand sanitizer
- Wet wipes, Quick-dry towel & toilet paper

Electronics

- Headlamp with spare batteries
- Power bank (10,000–20,000 mAh)
- Phone charger & Camera (optional)

Trekking Accessories

- Trekking poles (highly recommended for the long stair sections)
- Pocket knife (optional)
- Notebook or guidebook (optional)
- Micro spikes

ADDITIONAL INFORMATION

Annapurna Base Camp Trek via Ghorepani Poon Hill

Discover the stunning beauty of the Himalayas with the 13-day Annapurna Base Camp Trek via Ghorepani Poon Hill, organized by Sherpa Nomad Trek Pvt. Ltd. This remarkable trekking journey features breathtaking mountain vistas, traditional Gurung and Magar communities, vibrant rhododendron forests, and a genuine Himalayan cultural experience. The adventure commences in the picturesque city of Pokhara and leads you through delightful villages such as Tikhedhunga, Ghorepani, and Chhomrong. Witness an unforgettable sunrise from Poon Hill (3,210m), which provides sweeping views of Annapurna and Dhaulagiri. Proceed towards the awe-inspiring Annapurna Base Camp (4,130m), encircled by majestic Himalayan summits. Throughout the trek, enjoy natural hot springs, varied landscapes, and the warm hospitality of the locals. Whether you are a thrill-seeker or a nature enthusiast, this trek promises an extraordinary Himalayan experience. Opt for Sherpa Nomad Trek Pvt. Ltd. for a safe, unforgettable, and expertly guided Annapurna trekking adventure in Nepal.

How to Get to Birethanti from Pokhara?

Birethanti serves as a popular gateway for the Annapurna Base Camp Trek via Ghorepani Poon Hill. It is situated roughly 40 to 45 kilometers from Pokhara and can be accessed by road in about 2

hours, depending on the condition of the roads. The most efficient method to travel from Pokhara to Birethanti is by private car, jeep, or bus, depending on the size of your group. The journey takes you through picturesque countryside, traditional villages, lush hills, and stunning mountain vistas. You will pass through Nayapul before arriving at Birethanti, where your trekking adventure officially commences. For your 13-day Annapurna Base Camp Trek, Sherpa Nomad Trek Pvt. Ltd. will provide comfortable private transportation from Pokhara to the trek's starting point. Our team guarantees a seamless transfer so you can embark on your Himalayan adventure with ease and appreciate the beautiful scenery along the route. Birethanti also serves as a crucial checkpoint for the Annapurna Conservation Area, where you must check in your permits before proceeding further.

How to Reach Ghorepani from Birethanti?

Reaching Ghorepani from Birethanti is an exhilarating segment of the Annapurna Base Camp Trek via Ghorepani Poon Hill. This trek is undertaken on foot and typically takes about 7-8 hours, depending on your pace and fitness level. The trail from Birethanti meanders through stunning mountain paths, traditional villages, terraced fields, lush forests, and picturesque landscapes. You will traverse Tikhedhunga and proceed towards Ulleri, where you will face the renowned stone staircase comprising 3,200 steps. While this part of the trek is physically demanding, the awe-inspiring scenery makes the effort worthwhile; according to the itinerary, you will spend the night in Ulleri (2000m). Following your stay in Ulleri, the path gradually ascends through magnificent rhododendron and oak forests, ultimately leading you to Ghorepani at an elevation of approximately 2,874 meters. This leg of the journey takes around 4 to 5 hours from Ulleri village. Ghorepani village is celebrated as the finest Gurung village and serves as a vantage point for the dense forests and towering Himalayan ranges of Annapurna and Dhaulagiri. The village also provides access to the Poon Hill hike (3200m), which takes about 2 hours for a round trip, and is famous for sunrise views.

Poon Hill (3,210m), Stunning Sunrise and Himalayan Mountain Views

Poon Hill (3,210m) stands out as one of the most sought-after viewpoints in Nepal's Annapurna region and is a key highlight of the Annapurna Base Camp Trek via Ghorepani Poon Hill. In the early

morning, you will embark on a hike from Ghorepani to Poon Hill to witness a stunning sunrise over the Himalayas. As the first light of dawn illuminates the snow-covered peaks, take in the breathtaking panoramic views of Annapurna I, Annapurna South, Dhaulagiri, Machhapuchhre (Fishtail), Hiunchuli, and other impressive Himalayan summits. The golden hues of sunrise create an unforgettable ambiance and provide excellent opportunities for photography. After soaking in the magnificent mountain vistas, make your way back to Ghorepani for breakfast and continue your trekking journey. The route consists of 1,900 steps and offers stunning mountain views, taking approximately 1 hour to ascend and 45 minutes to descend. Most trekkers visit this site for a once-in-a-lifetime experience. With Sherpa Nomad Trek Pvt. Ltd., immerse yourself in the enchanting beauty of Poon Hill and forge lasting memories in the heart of the Nepalese Himalayas.

Ghorepani to Chhomrong Trek: Connecting to the Annapurna Base Camp Trail

The trek from Ghorepani to Chhomrong is a thrilling segment of the 13-day Annapurna Base Camp Trek via Ghorepani Poon Hill. After witnessing the breathtaking sunrise from Poon Hill, you will proceed through enchanting rhododendron forests, traditional Gurung villages, terraced agricultural lands, and picturesque mountain vistas. The path leads through Tadapani and advances towards Kimrong Khola before gradually ascending to Chhomrong, which is located at an elevation of approximately 2,170 meters. Throughout this journey, you will be treated to stunning views of Annapurna South, Hiunchuli, and Machhapuchhre (Fishtail). Chhomrong serves as a significant village where the Ghorepani Poon Hill route intersects with the primary Annapurna Base Camp trekking trail. From this point, the adventure continues towards Bamboo, Deurali, Machhapuchhre Base Camp, and ultimately Annapurna Base Camp (4,130m).

Machhapuchre Base Camp Trek (3700m)

The Machhapuchre Base Camp Trek is one of the most beautiful trekking experiences in the Annapurna region of Nepal. Located at the foot of the majestic Machhapuchhre (Fishtail Mountain), this trek offers breathtaking views of snow-capped peaks, including Annapurna South, Hiunchuli, and Machhapuchhre. The journey takes you through charming Gurung villages, lush rhododendron

forests, cascading waterfalls, and scenic mountain trails. Trekkers can experience the natural beauty and rich culture of the Himalayas while enjoying peaceful surroundings and spectacular landscapes. Machhapuchhre Base Camp lies at an altitude of approximately 3,700 meters, making it a rewarding destination for adventure lovers and nature enthusiasts. With its stunning mountain panoramas, diverse landscapes, and unforgettable Himalayan atmosphere, the trek is ideal for those seeking a memorable adventure in Nepal. It is a perfect choice for trekkers looking for natural beauty, cultural experiences, and incredible mountain views. Machhapuchhre Base Camp is the gateway to the Annapurna Base Camp (4130m), and you can reach it after the village of Deurali on the Annapurna Base Camp Trek.

Annapurna Base Camp (4130m)

Annapurna Base Camp, at an altitude of 4,130 meters, is renowned as one of the most popular and fulfilling trekking destinations in Nepal. Located in the heart of the Annapurna Sanctuary, the base camp presents breathtaking panoramic views of the majestic Himalayan peaks, including Annapurna I, Machhapuchhre (Fishtail), Hiunchuli, and Annapurna South. The trek leads you through picturesque traditional villages, lush rhododendron forests, terraced farmland, and scenic mountain trails. Along the route, trekkers can engage with the unique culture and warm hospitality of the Gurung and Magar communities. As you approach Annapurna Base Camp, the landscape unfolds into a stunning natural amphitheater surrounded by towering, snow-covered mountains. The views of sunrise and sunset from the base camp are truly unforgettable. The Annapurna Base Camp Trek is an ideal adventure for nature lovers, photography enthusiasts, and trekking fans seeking an unforgettable Himalayan experience in Nepal.

Jhinu Danda and Natural Hot Spring

Jhinu Danda is a picturesque village situated in the Annapurna region of Nepal, renowned for its natural hot springs and tranquil environment. Nestled along the well-trodden Annapurna Base Camp trekking route, it serves as an ideal spot for trekkers to unwind and rejuvenate after several days of traversing the Himalayan paths. From Jhinu Danda, visitors can embark on a scenic downhill trek

through verdant forests and cross a suspension bridge spanning the Modi Khola River to access the natural hot springs. These warm water pools are enveloped by stunning hills, flowing rivers, and breathtaking natural vistas. Immersing oneself in the hot spring provides a delightful way to soothe fatigued muscles and relish a serene moment in nature. The region also boasts magnificent views, authentic village experiences, and insights into local culture. Jhinu Danda is an essential destination for trekkers in search of relaxation and natural splendor in the Annapurna region of Nepal.

How Challenging Is the Annapurna Base Camp Trek?

The Annapurna Base Camp Trek is regarded as a moderate trekking experience in Nepal, ideal for individuals with a decent level of physical fitness and some prior walking experience. This trek ascends to an elevation of 4,130 meters (13,550 feet), making acclimatization and maintaining a consistent walking pace essential. Trekkers generally spend 5–7 hours each day traversing stone staircases, navigating uphill and downhill paths, wandering through forest trails, and crossing rocky mountain landscapes. Certain segments can be quite demanding, particularly the extended ascents around Chhomrong and the higher-altitude routes near Deurali and Machhapuchhre Base Camp. Nevertheless, there is no need for technical climbing or mountaineering expertise. Combining the Ghorepani Poon Hill trek can aid in acclimatization. With regular physical training, adequate preparation, appropriate trekking equipment, and support from knowledgeable guides, most healthy novices can successfully complete this trek. Weather conditions and altitude may also influence the trek's difficulty. In summary, the Annapurna Base Camp Trek presents a fulfilling Himalayan adventure for moderately fit trekkers in search of breathtaking mountain views and cultural encounters.

What is the Best Time for the Annapurna Base Camp Trek?

The optimal period for the Annapurna Base Camp Trek, particularly via Ghorepani Poon Hill, is during the spring months of March to May and the autumn months of September to November. These times provide the best weather conditions, unobstructed mountain vistas, and pleasant trekking temperatures.

- **Spring (March–May):** This season is one of the most picturesque for the Annapurna Base Camp Trek. The paths are adorned with vibrant rhododendron forests, a variety of blooming flowers, and verdant landscapes. Trekkers are treated to breathtaking views of Annapurna, Machhapuchhre, and Dhaulagiri.
- **Autumn (September–November)**: Autumn is widely regarded as the prime trekking season in Nepal. The skies are typically clear, the weather remains stable, and visibility is superb, making it perfect for taking in the sweeping views of the Himalayas.
- **Winter (December–February)**: This season is appropriate for seasoned trekkers, but one should be prepared for chilly temperatures and the possibility of snowfall.
- **Monsoon (June–August)**: The heavy rains during this period can lead to slippery trails and the presence of leeches, making trekking quite difficult.

How to Get to Pokhara from Kathmandu?

There are three convenient methods to travel from Kathmandu to Pokhara, based on your budget, comfort level, and travel preferences.

- **By Air:** Taking a flight is the quickest and most comfortable choice. The flight duration is about 30 minutes and provides stunning aerial views of the Himalayan mountain ranges. The estimated fare is USD 120 per person.
- **By Private Vehicle:** You can opt for private transportation, which costs around USD 150 per vehicle and can accommodate up to 3 passengers. The travel time is approximately 6–7hours, depending on road conditions and traffic.
- **By Tourist Bus:** For those on a budget, tourist buses offer an economical alternative, costing about USD 15 per person. The journey also takes around 8–9 hours.

Our Package Suggestion: **Sherpa Nomad Trek Pvt. Ltd**. includes a flight from Kathmandu to Pokhara in our package, ensuring a quick, scenic, and comfortable start to your Annapurna Base Camp adventure.

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Can I customize the Annapurna Base Camp trek?

Yes, you can completely tailor your Annapurna Base Camp (ABC) Trek to fit your preferences, budget, available time, and fitness level. Whether you are seeking a brief adventure or a more leisurely trekking experience, the itinerary can be customized to suit your requirements. You have the freedom to choose your preferred trekking duration, starting point, accommodation type, and transportation options. If you wish to discover more of the Annapurna region, you can also merge the ABC Trek with breathtaking destinations like Ghorepani Poon Hill or Mardi Himal. You can add extra rest days, modify daily walking hours, and opt for either private or group trekking services. We also offer flexible arrangements for hiring experienced trekking guides and porters to enhance your journey's comfort and enjoyment. Whether you are traveling solo, with friends, or with family, we can design a personalized Annapurna Base Camp Trek that caters to your interests, schedule, and budget while ensuring a memorable Himalayan adventure. Join Sherpa Nomad Trek Pvt. Ltd. for a customized trip and the best experience.

ANNAPURNA BASE CAMP TREK VIA GHOREPANI: PACKAGE DETAILS

Airport Pick-Up and Drop-Off Service

Our Annapurna Base Camp Trek package offers convenient airport pick-up and drop-off services to guarantee a seamless and stress-free travel experience in Nepal. When you arrive at Tribhuvan International Airport in Kathmandu, our courteous representative will greet you and safely transport you to your hotel in a private vehicle. We also provide international airport drop-off services at the conclusion of your trip, aligned with your flight schedule. Furthermore, all necessary domestic airport pick-up and drop-off transfers are included as outlined in the Annapurna Base Camp Trek itinerary. Whether you are traveling from Kathmandu to Pokhara or returning from Pokhara to Kathmandu, we arrange comfortable and dependable transportation to simplify your journey. Our professional team manages all airport transfers, allowing you to unwind and concentrate on

enjoying your Himalayan adventure. With our well-organized transportation services, you can enjoy a comfortable, convenient, and worry-free trekking holiday in Nepal.

Accommodation in Kathmandu and Pokhara

During your 13-day Annapurna Base Camp Trek via Ghorepani Poon Hill, Sherpa Nomad Trek Pvt. Ltd. will provide you with comfortable lodging in Kathmandu and Pokhara, ensuring a restful stay before and after your trekking experience. In Kathmandu, you will spend two nights at Ramada Encore by Wyndham Kathmandu Thamel: one night prior to the trek and another night following your Himalayan adventure. Situated in the lively Thamel district, the hotel features modern amenities and easy access to restaurants, shops, and local attractions. In Pokhara, you will have the pleasure of staying for two nights at either Hotel Middle Path & Spa or Bodhi Suites Boutique Hotel & Wellness, subject to availability. Both options offer cozy accommodations and a welcoming atmosphere for relaxation. All selected accommodations are aimed at providing comfort, convenience, and an unforgettable travel experience in Nepal.

The flight connecting Kathmandu and Pokhara

Our Annapurna Base Camp Trek package includes a flight both ways, ensuring a comfortable and scenic journey. Traveling between Kathmandu and Pokhara by air is a convenient and picturesque option during your Annapurna Base Camp Trek. The domestic flight lasts around 25–30 minutes, providing stunning aerial views of the Himalayan mountain ranges, lush hills, rivers, and the beautiful landscapes of Nepal. Opting for a flight significantly reduces travel time compared to the lengthy overland route, allowing trekkers to embark on their adventure with ease. Passengers can enjoy magnificent views of the Annapurna and other Himalayan peaks during the flight, depending on the weather and visibility. Our Annapurna Base Camp Trek package includes arrangements for domestic flights between Kathmandu and Pokhara according to the trekking itinerary. Our team will assist with airport transfers, flight bookings, and all necessary travel coordination to ensure a seamless journey. Please be aware that flight schedules may vary based on weather conditions and airline operations. This brief yet unforgettable flight enhances your Himalayan trekking experience

in Nepal.

Ground Transportation

The Annapurna Base Camp Trek package offers comfortable and dependable ground transportation to guarantee a seamless and stress-free journey throughout your adventure in Nepal. Prior to commencing the trek, we provide private transportation from Pokhara to Birethanti, the starting point of your trekking experience. Depending on the size of your group, travel needs, and road conditions, transportation will be organized via private car, jeep, or bus. Our vehicles are chosen to ensure comfort, safety, and convenience as you travel through picturesque countryside, traditional villages, and stunning mountain roads. Upon completing the Annapurna Base Camp Trek, you will return from Samrung Village to Pokhara by jeep. This scenic drive provides an opportunity to unwind and appreciate the beautiful surroundings following your trekking adventure. All ground transportation is coordinated according to the trekking itinerary, ensuring smooth transfers and a pleasant travel experience from the start to the finish of your Annapurna Base Camp Trek.

Ethnic Local Guide and Porter

The Annapurna Base Camp Trek through the Ghorepani Poon Hill package offers skilled local guides and dependable porters to guarantee a safe, enjoyable, and unforgettable trekking adventure. You will be guided by an ethnic local expert who is fluent in English, has undergone professional training at NATHM (Nepal Academy of Tourism and Hotel Management), and possesses government certification. Our guides are well-versed in local culture, mountain paths, and the stunning Himalayan scenery. Additionally, we create job opportunities for local residents by employing experienced porters. Typically, one porter is assigned for every two trekkers, with a maximum total luggage weight of 20 kg. The package includes all expenses related to guides and porters, such as meals, lodging, transportation, trekking gear, insurance, and fair wages. We are dedicated to responsible tourism and the support of local communities. Please note that gratuities for guides and porters are not included in the package and should be given separately at your discretion.

Permits for Annapurna Base Camp Trek

To embark on the Annapurna Base Camp Trek, trekkers must secure official permits to navigate the stunning Annapurna Conservation Area. Each foreign trekker is required to obtain the Annapurna Conservation Area Permit (ACAP), which can be acquired from the Nepal Tourism Board or other authorized offices. This permit plays a crucial role in supporting conservation efforts, safeguarding natural resources, preserving local culture, and fostering sustainable tourism within the Annapurna region. It is essential for trekkers to carry their permits throughout the trek, as they will be checked at various points along the route. Our Annapurna Base Camp Trek package takes care of all necessary permit arrangements and associated government fees, alleviating any concerns regarding paperwork. Our knowledgeable team will manage the application process and ensure that all required documents are ready prior to the start of the trek. The package also covers the cost of the permits. Please remember to bring a valid passport and passport-sized photographs for the permit processing. With the permits in order, you can fully immerse yourself in your Himalayan adventure without any unnecessary worries. The costs for the permits are as follows:

- Annapurna Conservation Area Permit (ACAP): Rs 3000 per person
- Trekkers Information Management System Card (TIMS): Rs 2000 per person

Mountain Accommodation on the Annapurna Base Camp Trek

The Annapurna Base Camp Trek Package includes complimentary mountain accommodation at the finest options available. Trekkers can enjoy a warm and unforgettable stay surrounded by the stunning Himalayan scenery. In Ulleri, Ghorepani, and Sinuwa Village, you can expect a room with an attached bathroom; however, beyond these villages, only common or shared bathrooms are provided. Along the trekking path, you will find comfortable teahouses and mountain lodges in villages such as Chhomrong, Bamboo, Dovan, Deurali, and Annapurna Base Camp (4,130m). Most teahouses offer essential amenities, including twin-sharing rooms, cozy beds, mattresses, warm blankets, and shared bathrooms. It is advisable to book early during peak trekking seasons to ensure accommodation. Staying in these mountain lodges allows trekkers to enjoy local hospitality, tranquil environments, and stunning views of the Annapurna Himalayas. Please note that during

peak season, if you are trekking solo, private rooms are generally unavailable above Sinuwa Village. Each camp typically has only four lodges, while hundreds of trekkers require accommodation. If you desire a private room, it is recommended to travel with a group of at least four or more.

Mountain Meals During the Annapurna Base Camp Trek

The package includes mountain meals that consist of breakfast, lunch, and dinner. During the Annapurna Base Camp Trek, mountain meals provide a range of delicious local and international food options to keep you energized throughout your Himalayan journey. Along the trekking path, teahouses and mountain lodges offer freshly prepared meals made from locally sourced ingredients. The most favored dish is the traditional Nepali Dal Bhat, which comprises rice, lentil soup, vegetables, and pickles, supplying ample energy for long trekking days. Additional food choices include noodles, fried rice, pasta, soups, potatoes, pancakes, bread, eggs, porridge, and momos. Hot beverages such as tea, coffee, lemon ginger honey, and hot chocolate are also readily available. As you climb to higher altitudes, food selections may become more restricted due to transportation difficulties. Our Annapurna Base Camp Trek package provides three meals daily (breakfast, lunch, and dinner) throughout the trekking duration. We advise consuming nutritious meals and drinking plenty of water to sustain energy levels and remain hydrated during the trek. It is important to note that in the mountains where we spend the night, we must dine at the same lodge, and lunch will be taken along the way to the destination. This is part of the mountain culture.

Is Travel Insurance Required for the Annapurna Base Camp Trek?

It is highly advisable to obtain travel insurance for the Annapurna Base Camp Trek, as it provides financial protection and peace of mind during your Himalayan journey. While travel insurance may not be mandatory for every independent trekker, having an appropriate policy is crucial for trekking in remote mountain areas. Your insurance should specifically cover trekking activities up to 4,130 meters, emergency medical treatment, and helicopter evacuation in the event of serious illness, altitude sickness, or unforeseen accidents. Medical facilities are limited in the higher mountain regions, and emergency helicopter rescue can be expensive without adequate insurance coverage.

We strongly recommend that you purchase comprehensive travel insurance before arriving in Nepal and carefully review the policy exclusions and altitude limits. Ensure that your insurance remains valid throughout your entire trekking period. Our team can provide general insurance information, but it is ultimately the responsibility of each trekker to secure suitable travel insurance. Being properly insured allows you to enjoy your Annapurna Base Camp adventure with greater confidence and security.

Why Choose the Annapurna Base Camp Trek?

The Annapurna Base Camp Trek is a highly rewarding adventure in the Himalayas of Nepal, providing an ideal blend of stunning natural scenery, cultural immersion, and mountain exploration. This remarkable trek leads you deep into the Annapurna Sanctuary, encircled by breathtaking snow-covered peaks such as Annapurna I, Machhapuchhre (Fishtail), Hiunchuli, and Annapurna South. As you traverse the trail, you will encounter traditional Gurung and Magar villages, enchanting rhododendron forests, flowing waterfalls, terraced agricultural fields, and serene mountain vistas. The trek also presents chances to enjoy local hospitality, savor traditional Nepali cuisine, and engage with the distinctive culture of the Himalayan communities. Unlike many demanding high-altitude treks, the Annapurna Base Camp is accessible for trekkers who possess a reasonable level of fitness and adequate preparation. Additionally, you can relax in natural hot springs at Jhinu Danda and witness stunning sunrise views from various mountain viewpoints. If you seek an unforgettable experience in the Himalayas, the Annapurna Base Camp Trek is a superb option.

BOOKING PROCESS FOR ANNAPURNA BASE CAMP TREK

How do I book the Annapurna Base Camp trek?

Booking your Annapurna Base Camp trek with Sherpa Nomad Trek Pvt. Ltd. is an easy and convenient process. To confirm your reservation, you must provide us with a copy of your valid passport and your flight information so we can finalize the necessary arrangements for your trek. After we receive these documents, you will need to pay a 10% deposit of the total trip cost to

continue with the booking process and secure your reservation. Please note that this deposit is non-refundable. The remaining balance can be paid according to the payment schedule we agree upon. Once we have your deposit and the required documents, our team will confirm your booking and share the necessary trip information with you. Our experienced team will assist you throughout the booking process, ensuring everything is well organized for your unforgettable journey to the beautiful Annapurna Base Camp. We look forward to welcoming you to Nepal!

Trek Cancellation Policy

At Sherpa Nomad Trek Pvt. Ltd., we highly advise our clients to thoroughly verify their travel arrangements prior to finalizing their trek bookings. Planning a trekking expedition requires the coordination of various services, such as accommodations, flights, transportation, trekking guides, porters, mountain lodgings, permits, and other vital logistics. Once a reservation is confirmed, cancellations can lead to considerable financial repercussions, operational challenges, and harm to our business and reputation. As such, we kindly ask that clients refrain from cancelling their trips after confirmation of their bookings. However, should unforeseen circumstances occur, we urge you to reach out to our team promptly to explore the options available. Rather than cancelling, we recommend that clients consider postponing their trek to a future date. Our team will strive to accommodate your adjusted travel plans, depending on availability and any additional costs that may apply. We genuinely appreciate your understanding, cooperation, and support.

Why Choose Sherpa Nomad Trek Pvt. Ltd.?

Choosing Sherpa Nomad Trek Pvt. Ltd. means you will experience the Himalayas with a trustworthy local trekking team that is devoted to providing safe, memorable, and personalized adventures in Nepal. We are passionate about showcasing the natural beauty, mountain landscapes, and rich cultural heritage of Nepal through professionally organized trekking experiences. Our experienced, English-speaking, and government-certified local guides possess excellent knowledge of mountain trails, local traditions, and trekking safety. We offer customized trekking itineraries, competitive pricing, comfortable transportation, quality accommodation, and reliable customer support

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throughout your journey. We also prioritize responsible tourism by creating employment opportunities for local guides, porters, and mountain communities. Whether you are planning the Annapurna Base Camp Trek, Ghorepani Poon Hill Trek, Everest Base Camp Trek, or other Himalayan adventures, our team is committed to making your trip enjoyable and hassle-free. With personalized service, local expertise, and a passion for adventure, Sherpa Nomad Trek Pvt. Ltd. is ready to make your Nepal trekking holiday unforgettable.

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