

Annapurna Base Camp Trek - 13 Days

ANNAPURNA BASE CAMP TREK: EPIC MOUNTAIN JOURNEY

The [Annapurna Base Camp Trek](#) is Nepal's premier moderate-level trek, offering some of the world's most stunning landscapes, opportunities for cultural exploration, and visits to charming Gurung and Magar villages, all while providing breathtaking mountain views from close vantage points. Also referred to as the Annapurna Sanctuary Trek, this journey takes you to the base of Annapurna I, which stands at 8,091 meters, making it the 10th highest mountain in the world. Annapurna Base Camp is so special Trek routes alongside the [Everest Base Camp Trek](#), [Annapurna Circuit Trek](#), and [Manaslu Circuit Trek](#). This comprehensive 13-day itinerary encompasses the [Ghorepani Poon Hill](#), renowned for its spectacular mountain vistas, glorious sunrises, and the largest rhododendron forest, before proceeding along the Annapurna Base Camp trail. The Annapurna Base Camp itself is a remarkable location where you can enjoy a 360-degree view of the Annapurna range, including peaks such as Fishtail (6,993m), Annapurna South (7,219m), Himchuli (6,442m), Annapurna Fang (7,647m), Annapurna I (8,091m), Tent Peak, and numerous others, all of which appear incredible during sunrise and sunset. The Annapurna Base Camp is an ideal vantage point for observing Annapurna I, which rises to 4,130 meters. Notably, the Annapurna Base Camp is at a relatively lower elevation, allowing trekkers to witness glaciers and the eight-thousanders, making it suitable for individuals of all ages, fitness levels, families with children, as well as both novice and seasoned trekkers. Book the Annapurna Base Camp trek with **Sherpa Nomad Trek Pvt. Ltd.** and explore the scenic landscapes to uncover the rich natural and cultural diversity.

The [Annapurna Base Camp Trek](#) can be regarded as a short trek or a longer one, depending on the routes you choose and your desire to explore the area during this journey. Typically, journeys last between 5 and 13 days, with walking distances ranging from 60 to 120 km based on the selected routes. Every year, thousands of trekkers visit to experience this naturally stunning trail,

enjoying breathtaking views of the landscape and mountains, alongside the local culture. Please note that while the altitude at Annapurna Base Camp is less concerning, reasonable fitness is still required. Each day, you will need to walk for 5-6 hours, primarily on ascending and descending trails. It is advisable to start some warm-up exercises before the trek begins. Come and book the Annapurna Base Camp Trek with Sherpa Nomad Trek, the best local company offering a well-crafted itinerary with maximum flexibility. Our comfortable and luxurious packages include expert guidance, impeccable hospitality, and authenticity. We prioritize safety and security, along with eco-friendly trekking and sustainability.

ANNAPURNA BASE CAMP TREK COST FOR 2026-2027

The Annapurna Base Camp Trek, lasting 13 days, is designed for comfort and luxury, encompassing all services from arrival to departure as per the itinerary. The trek's cost ranges from 1000 USD to 1200 USD per person, depending on group size, through Sherpa Nomad Trek Pvt. Ltd. Prices may vary based on group size, duration, service level, and package type. With Sherpa Nomad Trek, you can anticipate luxurious and comfortable accommodations in the city, along with optimal logistical arrangements in the mountains. This package includes a professional guide, porter, permits, mountain meals, hot drinks, and flights between Kathmandu and Pokhara for both arrival and departure. If you are looking for the best package and team for the Annapurna Base Camp Trek, do not forget to book with **Sherpa Nomad Pvt. Ltd.**, where we focus on quality service, with safety and security as our top priorities. The cost of the Annapurna Base Camp luxury package is determined by group size, accommodating solo travelers to larger groups with well-managed services. The costs are as follows:

- The Cost of the ABC Trek is 1200 USD for solo travelers
- The price of the ABC Trek is 1100 USD per person for groups of 2-6 people
- The Cost of the ABC Trek is 1000 USD per person for groups of 7 to 10 people

MAJOR HIGHLIGHTS OF ANNAPURNA BASE CAMP TREK

- Join the renowned Annapurna Base Camp trek in Nepal with the best local company.
- Discover the vibrant cities of Kathmandu and Pokhara before embarking on your journey to Annapurna Base Camp.
- Experience luxury accommodations in Kathmandu and Pokhara, along with the finest lodges in the mountains.
- Take advantage of the scenic mountain flight that connects Kathmandu and Pokhara.
- Explore the world's stunning landscapes and diverse climates.
- Witness the impressive sunrise and sunset views from Poon Hill, overlooking the Annapurna and Dhaulagiri ranges.
- Immerse yourself in the cultural and natural beauty of the Annapurna region.
- Spend a night at the base of Annapurna (8091m) at Annapurna Base Camp, enjoying breathtaking close-up views of the mountain.
- Relax in the hot springs at Jhinu after your adventurous day.
- Discover the rich flora, fauna, and local culture during your journey.

DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu

Day 2: Kathmandu to Pokhara (823m): Flight with Mountain views

Day 3: Pokhara to Nayapul Drive and Trek to Ulleri (2000m): 6 hours

Day 4: Trek from Ulleri to Ghorepani (2868m): 5 hours

Day 5: Poon Hill (3210m) Hike at dawn to witness the Mountain and Trek to Tadapani (2650m): 6-7 hours

Day 6: Trek from Tadapani to Sinuwa (2200m): 7 hours

Day 7: Trek from Sinuwa to Deurlai (3200m): 6 -7 hours

Day 8: Trek from Deurali to Annapurna Base Camp (4130m): 5 hours

Day 9: Trek back from ABC to Bamboo (2400m): 7 hours

Day 10: Trek from Bamboo to Jhinu Danda (1700m): Enjoy the time with natural Hot Spring

Day 11: Drive back to Pokhara from Jhinu Danda : 2 hours and free day in Pokhara

Day 12: Pokhara to Kathmandu via flight and Free Time in Kathmandu

Day 13: Departure/ Next Adventure



PRICE INCLUDES

- International Airport Pick-up & Airport Drop-off
- 2 nights Hotel in Kathmandu at Ramada Encore with Breakfast
- Kathmandu to Pokhara by Plane
- 2 nights Hotel in Pokhara at Middle Path Hotel with Breakfast
- Pokhara to Naya Pul by Car/ Jeep/ Minibus as per the Group size
- All the logistical arrangements
- 8 nights Mountain Accommodation in a private Room at the best lodge as per availability.
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- 2 Guests: 1 Porter to carry your heavy backpack.
- Fresh Organic fruit, nuts, and energy bars every day on the Trekking
- Wifi, a hot shower, and a charging facility
- 3 Cups of Tea or Coffee every day during the trekking.
- Requires Permits (TIMS, & ACAP Fees)
- Gov Tax and Official Fees.
- Drive back from Smarung/ Jhinu to Pokhara by Car, Jeep, or Minibus as per the Group size
- Trekking Gears like a sleeping bag, Map and a duffel bag
- Pokhara to Kathmandu by Plane
- Farewell Dinner in Kathmandu

PRICE EXCLUDES

- Nepal Visa Fees (15 Days -30\$ P/P, 30 Days -50\$ P/P)
- Travel Insurance
- Drinks like (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Trekking Gears of clients
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Diver, Guide, and Porter
- Chitwan to Kathmandu by Tourist Bus: 10\$ P/P
- Paragliding in Pokhara: 80\$ P/P
- Seti River Rafting: 60\$ per person

EQUIPMENT & GEAR

Backpack

- 20-30 L daypack and Rain cover
- Dry bags or zip-lock bags for electronics and clothes

Clothing

- 2-3 moisture-wicking T-shirts
- 1-2 long-sleeve hiking shirts
- 2 pairs of trekking pants
- Thermal top and bottom (for cold mornings/nights)
- Fleece jacket & Lightweight down jacket
- Waterproof and windproof jacket
- Waterproof pants (especially during the monsoon)
- 2-3 pairs of quick-dry underwear
- 2-3 pairs of trekking socks
- Warm sleeping socks

Footwear

- Broken-in waterproof trekking boots
- Lightweight sandals or camp shoes
- Optional gaiters (rainy or snowy season)

Head & Hands

- Sun hat or cap, & Warm beanie

- Buff or neck gaiter & Lightweight gloves

Sun Protection

- UV-protection sunglasses
- Sunscreen (SPF 30+)
- Lip balm with SPF

Sleeping

- Sleeping bag (-5°C to -15°C is sufficient for most seasons; many teahouses provide blankets)
- Sleeping bag liner (optional)

Water & Food

- Reusable water bottles (1.5–2 L total)/ Tharmas
- Water purification tablets or a filter
- Energy bars, nuts, or trail snacks

First Aid & Toiletries

- Personal medications, Blister treatment (e.g., Compeed or moleskin)
- Pain reliever, Bandages, and antiseptic wipes
- Toothbrush and toothpaste, Hand sanitizer
- Wet wipes, Quick-dry towel & toilet paper

Electronics

- Headlamp with spare batteries
- Power bank (10,000–20,000 mAh)
- Phone charger & Camera (optional)

Trekking Accessories

- Trekking poles (highly recommended for the long stair sections)
- Pocket knife (optional)
- Notebook or guidebook (optional)
- Micro spikes



