**Sherpa Nomad Trek**
Thamel Marg, Kathmandu, Nepal
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# Annapurna Circuit Trek - 18 Days

## ANNAPURNA CIRCUIT TREK: A CLASSICAL JOUNREY OF THE ANNAPURNA

The **Annapurna Circuit Trek** is an exhilarating trekking package that is highly recommended as a must-do experience in one's lifetime. It serves as the backbone of Nepali adventure trekking, alongside the **Everest Base Camp**, **Langtang Valley**, and **Manaslu Circuit Trek**, and is equally renowned as one of the world's premier trekking destinations. This journey encircles the world's 10th-highest peak, Annapurna I (8091m), and the entire Annapurna Massif in a solo expedition that begins at lower elevations and ascends to the Thorong La Pass (5416m), before descending into the arid Himalayan terrain of Mustang. Here, you will experience the world's deepest gorge, flanked by the two towering peaks, Annapurna (8091m) and Dhaulagiri (8167m).

The 18-day Annapurna Trek is a comprehensive journey that offers one of the most thrilling and rewarding experiences among moderately challenging treks. Known as the classical trek, it begins at Jagat Village after a scenic drive from Kathmandu. You will start your trek on foot at Jagat Village, following the cool and picturesque Marshyandi River Valley, where you can enjoy the lush vegetation, stunning landscapes, charming villages, and vibrant local tea houses that showcase their rich culture and warm hospitality. Throughout the trek, you will encounter various climates and the diverse ethnic cultures of Gurung, Manangi, Thakali, and Tibetan people, spending nights in local villages and experiencing a culture that harmonizes with nature. You will stay in Dharapani, Chame, and Pisang, where you can observe different types of vegetation, agriculture, and landscapes. As you progress day by day, the mountains draw closer, and the terrain becomes drier beyond Pisang Village. Trekking to Gyaru Village, an ancient Tibetan settlement, you will witness Tibetan culture and breathtaking views of the Annapurna range, which greets you with its beautiful visage.

Leaving behind Gyaru, you will continue to Ngawal Village and finally reach Manang Village, one of the most culturally rich and stunning locations on the Annapurna Circuit trek, featuring ancient monasteries, forts, and a vibrant culture intertwined with nature. Here, you will spend two nights acclimatizing and hike to Ice Lake and other attractions. Afterward, you will proceed to Thorong La Pass at 5,416 meters, one of the most challenging passes in the region, where the mountain and glacier scenery will provide a refreshing and blissful experience, marking a lifetime journey. Standing at the summit, you will savor the moment and capture it on camera to share with your loved ones. The descent leads to Muktinath Village, renowned for its culture, temples, monasteries, and stunning arid Himalayan landscapes, along with views of the Kaligandaki River Valley and the Nilgiri and Dhaulagiri mountains. Trekking through the mysterious and mythical landscape, you will pass through Lubra Village, an ancient Tibetan settlement, where Discover the ancient Bon religion practiced in the stunning Thakali villages of Jomsom and Marpha. Trek down to Kalopani and Tatopani along the Kali Gandaki, the world's deepest gorge, and experience breathtaking landscapes that many trekkers overlook.

Next, journey to Ghorepani, Poon Hill, and Ghandruk to witness the stunning beauty of lush green valleys and majestic mountain views during sunrise and sunset, while exploring the Gurung and Magar villages. **Ghorepani Poon Hill Trek** is one of the most scenic short Trek in Annapurna that you can cover in this epic journey. Conclude your adventure in Pokhara. This package is perfect for nature lovers and adventure enthusiasts. Book the Annapurna Circuit trek with **Sherpa Nomad Trek Pvt. Ltd.** to enjoy exceptional service, reasonable prices, authenticity, safety, and impeccable Nepali hospitality.

## ANNAPURNA CIRCUIT TREK COST FOR 2026-2027

The 18-day Annapurna Circuit Trek package offers a classic adventure around the world's 10th-highest mountain, encompassing the entire Annapurna region. The Annapurna Circuit Trek price ranges from 1400 USD to 1600 USD per person for the luxury package, depending on group size. The cost of the trek varies based on the package type, services provided, duration, group size, and

other key factors that significantly influence the price. The budget package starts at approximately 900 USD and can go up to 1600 USD for the most comfortable option. In our 18-day package with Sherpa Nomad Trek Pvt. Ltd., you will receive airport pickup and drop-off according to the itinerary, luxury accommodations in Kathmandu and Pokhara, the best lodges in the mountains, meals, permits, a guide, a porter, and private transportation from Kathmandu to Dharapani, as well as a drive from Syauli to Pokhara and from Pokhara to Kathmandu. Please review the inclusions and exclusions to understand why our package is considered luxurious. We are pleased to accommodate solo travelers, small groups, and larger groups based on our clients' requirements. We are also happy to customize the trip to fit your budget. The cost of the Luxury Annapurna Circuit Trek varies based on group size as follows.

- You can book the Annapurna Circuit Trek for 1600 USD for solo travelers.
- The cost is 1500 USD per person for groups of 2- 6 pax
- For groups of 7 to 10, the cost is 1400 USD per person.

## MAJOR HIGHLIGHTS OF THE ANNAPURNA CIRCUIT TREK

- The 18-day Annapurna Circuit trek package offers a comprehensive classical trekking experience.
- Discover Kathmandu, a medieval city renowned for its rich art and architecture.
- Enjoy a scenic drive from Kathmandu to Jagat, the starting point of the Annapurna Circuit trek.
- Trek to Thorong La Pass at 5416m, passing through Dharapani, Chame, Pisang, Manage, Yak Kharka, and Thorong La Phedi.
- Experience diverse climates, vegetation, landscapes, rugged Himalayan terrain, and glaciers along the way.
- Explore Manang and witness the stunning Green Lake, Gandapurna, and Ice Lake.
- Visit forts and monasteries to learn about the profound traditions of Tibetan Buddhism.

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- Reach the highest trekking point at Thorong La Pass at 5416m and enjoy breathtaking mountain vistas.
- Descend to Muktinath through the arid Himalayan landscape and the Dhaulagiri range.
- Visit the Muktinath Temple, a significant site for both Hindu and Buddhist pilgrims.
- Embark on a trek to Jomsom through Lubra village, renowned for its Bon Tibetan religion.
- Follow the path along the deepest Kali Gandaki gorge and marvel at the Dhaulagiri and Nilgiri mountains.
- Trek to Tatopani from Jomsom, traversing alpine forests, mountain villages, and breathtaking landscapes.
- Journey to Ghorepani to experience the magnificent sunrise views over the Annapurna and Dhaulagiri peaks.
- Conclude the Annapurna Circuit trek in Kathmandu with a scenic flight back.

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## DETAILED ITINERARY

**Day 1:** **Arrival in Kathmandu (1350m): Transfer to Hotel**

**Day 2:** **From Kathmandu to Jagat by Private Jeep: 6-7 hours**

**Day 3:** **Trek from Jagat to Dharapani (2000m): 6-7 hours**

**Day 4:** **Trek from Dharapani to Chame (2650m): 6-7 hours**

**Day 5:** **Trek from Chame to Pisang (3300m): 6-7 hours**

**Day 6:** **Trek from Pisang to Mustang via Gyaru Village (3700m): 6-7 hours**

**Day 7:** **Free Day in Manang/ Hike to Ice Lake**

**Day 8:** **Trek from Manang to Yak Kharka (4000m): 4 hours**

**Day 9:** **Trek from Yak Kharka to Thorong La Phedi (4400m):4 hours**

**Day 10:** **Trek from Thorong Phedi to Muktinath (3700m) via Thorong La Pass-5416m, 7-8 hours**

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**Day 11:** **Trek from Muktinath to Marpha Village (2700m) via Lubra village and Dumbar Lake**

**Day 12:** **Trek from Mar Pha to Kalopani (2430m): 7-8 hours**

**Day 13:** **Trek from Kalopani to Tatopani (1200m): 7-8 hours**

**Day 14:** **Trek from Tatopani to Ghorepani (2668): 7 hours**

**Day 15:** **Hike to Poon Hill (3210m) and Trek to Ghandruk (2000m): 7-8 hours**

**Day 16:** **Trek from Ghandruk to Syauli Bazar and drive to Pokhara**

**Day 17:** **Pokhara to Kathmandu via flight**

**Day 18:** **Departure**

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## PRICE INCLUDES

- International Airport pick-up and drop-off service
- 2 nights Luxury Hotel Accommodation in Kathmandu at Hotel Ramada Encore
- Kathmandu to Jagat by comfortable private Jeep
- All the logistical arrangements
- 14 nights Mountain Accommodation in a private Room at the best lodge, as per availability.
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- 2 Guests: 1 Porter to carry your heavy backpack.
- Fresh Organic fruit, nuts, and energy bars every day on the trek
- Wifi, Hot shower, and charging facility
- 3 Cups of Tea or Coffee every day during the trek.
- Requires permits (TIMS & ACAP Fees)
- Govt. tax and Official Fees.
- Scenic drive from Syauli to Pokhara after the trek is completed.
- Hotel Middle Path accommodation in Pokhara with complimentary breakfast
- Scenic flight from Pokhara to Kathmandu by Plane
- Trekking gear like a sleeping bag, map, and a duffel bag
- Farewell Dinner in Kathmandu
- Baggage storage service

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- Nepal Visa Fees (15 Days -30$ P/P, 30 Days -50$ P/P)
- Travel Insurance ideal for safe travel
- Drinks (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Trekking gear
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Driver, Guide, and Porter
- Paragliding in Pokhara: 80$ P/P
- Trishuli River Rafting: 60$ per person
- Kathmandu Sightseeing: USD 80 per person

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## EQUIPMENT & GEAR

### Backpack

- 30–50 L daypack and Rain cover
- Dry bags or zip-lock bags for electronics and clothes

### Clothing

- 2–3 moisture-wicking T-shirts
- 2–3 long-sleeve hiking shirts
- 3 pieces of trekking pants
- Thermal top and bottom (for cold mornings/nights)
- Fleece jacket & Lightweight down jacket
- Waterproof and windproof jacket
- Waterproof pants (especially during the monsoon)
- 2–3 pairs of quick-dry underwear
- 2–3 pairs of trekking socks
- Warm sleeping socks

### Footwear

- Broken-in waterproof trekking boots
- Lightweight sandals or camp shoes
- Optional gaiters (rainy or snowy season)

### Head & Hands

- Sun hat or cap & Warm beanie

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- Buff or neck gaiter & Lightweight gloves

### Sun Protection

- UV-protection sunglasses
- Sunscreen (SPF 30+)
- Lip balm with SPF

### Sleeping

- Sleeping bag (-5°C to -15°C is sufficient for most seasons; many teahouses provide blankets)
- Sleeping bag liner (optional)

### Water & Food

- Reusable water bottles (1.5–2 L total)/Thermos
- Water purification tablets or a filter
- Energy bars, nuts, or trail snacks

### First Aid & Toiletries

- Personal medications, Blister treatment (e.g., Compeed or moleskin)
- Pain reliever, Bandages, and antiseptic wipes
- Toothbrush and toothpaste, Hand sanitizer
- Wet wipes, Quick-dry towel & toilet paper

### Electronics

- Headlamp with spare batteries
- Power bank (10,000–20,000 mAh)
- Phone charger & Camera (optional)

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### Trekking Accessories

- Trekking poles (highly recommended for the long stair sections)
- Pocket knife (optional)
- Notebook or guidebook (optional)
- Micro Spike

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