

Annapurna Panorama Trek - 5 Days

ANNAPURNA PANORAMA TREK: ESCAPE INTO NATURE

The **Annapurna Panorama Trek** is an easy, short, yet exhilarating and joyful journey into the heart of the Annapurna Conservation Area near Pokhara. If you are in Pokhara and seeking a short, relaxing, and flexible trekking route, this 5-day Annapurna Panorama Trek is the ideal option for you. This trek is also referred to as the Sunrise Trek, and indeed, each day you will experience breathtaking sunrise views over the majestic peaks that are truly remarkable.

Set off on the brief **Annapurna Panorama Trek**, renowned for its stunning landscapes in the lower Annapurna region. The trek begins at Nayapul, leading you through picturesque villages such as Birethanti, Hile, Tikedhunga, Ulleri, Banthanti, and Ghorepani. After witnessing the sunrise from Poon Hill, you will continue along the trail to Australian Camp, passing through Deurali, Banthanti, Tadapani, Ghandruk, Landruk, and Pothana. Following your time at Australian Camp, trek to Dhampus Phedi and then drive back to Pokhara, marking the conclusion of your journey. This trek is part of the lower Annapurna Circuit, which encompasses some of the most famous and scenic viewpoints of the majestic Annapurna and Dhaulagiri ranges. It offers a unique opportunity to experience breathtaking sunrises and sunsets over the mountains, lush green valleys, rhododendron and oak forests, terraced farmland, waterfalls, and the warm hospitality of the local people, along with their rich culture. The natural and cultural diversity, along with the harmony and tranquility of the area, create an unforgettable experience for anyone who undertakes this trek.

The 5-day **Annapurna Panorama trek** provides breathtaking views of the mountains and stunning landscapes. While it is a relatively easy and short trek, a reasonable level of fitness is still necessary, as participants will need to walk along an undulating trail for 6-7 hours each day. Compared to high pass treks, it poses less risk of Acute Mountain Sickness (AMS), yet physical endurance remains essential. This trek is ideal for individuals of all fitness levels, including families

with children, novices, and seasoned trekkers seeking a short adventure in Nepal, particularly near Pokhara. Travel with a local company and an ethnic guide to gain a deeper understanding of the region's natural beauty and cultural richness. Book the Annapurna Panorama Trek with *Sherpa Nomad Trek Pvt. Ltd*, a reputable local company recognized for its easy booking process, commitment to safety and security, reasonable pricing, high-quality service, maximum flexibility, knowledgeable local guides, and a supportive crew. We guarantee that booking with us will provide you with a rewarding journey that will create lasting memories.

ANNAPURNA PANORAMA TREK COST FOR 2026-2027

The Annapurna Panorama Trek is priced between USD 400 and 500 per person, depending on the size of the group, through Sherpa Nomad Trek Pvt. Ltd, a leading local company in Nepal. Our 5-day package is a luxury option that ensures top-notch service and logistics. This package includes all ground transportation, mountain accommodations, Wi-Fi, meals in the mountains, a local ethnic guide, a porter, permits, and services as outlined in the package. The cost of the Panorama Trek varies based on the level of service, duration, package, and additional facilities. Book the best and shortest Annapurna Panoramic Trek with Sherpa Nomad Trek Pvt. Ltd for exceptional service and value. We accept bookings for solo travelers, small groups, and large groups; however, please be aware that the costs for solo and small groups are higher than for larger groups. The pricing structure is as follows:

- You can join the Annapurna Panorama Trek for USD 500 as a solo traveler
- For groups of 2-6, the cost is USD 450 per person
- For groups of 7 to 10, the cost is USD 400 per person.

THE MAJOR HIGHLIGHTS OF ANNAPURNA PANORAMA TREK

- Pokhara, often referred to as the lake city, is recognized as the Tourist Capital, serving as the starting and ending point for your trek.

- The scenic drive from Pokhara to Nayapul offers stunning views of the Annapurna ranges, lakes, waterfalls, and lush green valleys.
- Trekking from Nayapul to Ulleri allows you to enjoy the picturesque terraced fields, charming villages, and cascading waterfalls.
- Cross the suspension bridge that spans the Modi Khola River for an exhilarating experience.
- Explore the rich flora and fauna that this region has to offer.
- Walk through the expansive rhododendron forest, especially vibrant in spring with its colorful blooms.
- Experience the glorious sunrise and sunset views from Poon Hill, where the first and last light illuminates the Soaring Peak.
- Stay in the villages of Gurung and Magar, where you can immerse yourself in local hospitality and traditions.
- The famous villages, such as Ghorepani, Tadapani, Ghandruk, and Landruk, are renowned for their cultural significance.
- Enjoy breathtaking mountain views of over 25 different peaks, including Annapurna and Dhaulagiri, all from proximity, with every step of the journey offering a perfect photography opportunity.
- Australian Camp offers the best views of the Annapurna, Lamjung Himal, Manaslu, Ganesh Himal, and Langtang ranges.

DETAILED ITINERARY

Day 1: Drive from Pokhara to Nayapul and Trek to Ulleri (2000m): 5-6 hours

Day 2: Trek from Ulleri to Ghorepani (2868m): 5 hours

Day 3: Trek from Ghorepani to Ghandruk (2000m) via Poon Hill (3210m): 7 hours

Day 4: Trek from Ghandruk to Australian Camp (1980m): 7 hours

Day 5: Trek from Australian Camp to Phedi and Drive to Pokhara (823m): 5 hours

PRICE INCLUDES

- Pokhara to Naya Pul by Car/ Jeep/ Minibus as per the Group size
- All the logistical arrangements
- 4 nights Mountain Accommodation in a private Room at the best lodge as per availability.
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- 2 Guests: 1 Porter to carry your heavy backpack.
- Fresh Organic fruit, nuts, and energy bars every day on the Trekking
- Wifi, Hot shower and charging facility
- 3 Cups of Tea or Coffee every day during the trekking.
- Requires Permits (TIMS, & ACAP Fees)
- Gov Tax and Official Fees.
- Drive back to Pokhara by Car, Jeep, or Minibus as per the Group size
- Trekking Gears like sleeping bag, Map and Duffel Bag
- Farewell Dinner in Kathmandu or Pokhara

PRICE EXCLUDES

- Nepal Visa Fees (15 Days -30\$ P/P, 30 Days -50\$ P/P)
- Travel Insurance
- Drinks like (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Hotel in Kathmandu

- Kathmandu- Pokhara by Tourist Bus: 10\$ P/P
- Kathmandu - Pokhara by Plane: 120\$ P/P
- Kathmandu - Pokhara by Private Car: 120\$ for 1-3 Pax
- Hotel in Pokhara
- Trekking Gears
- Pokhara to Chitwan by tourist bus: 10\$ per person
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Diver, Guide, and Porter
- Chitwan to Kathmandu by Tourist Bus: 10\$ P/P
- Paragliding in Pokhara: 80\$ P/P
- Trishuli River Rafting: 60\$ per person

EQUIPMENT & GEAR

Backpack

- 20-30 L daypack and Rain cover
- Dry bags or zip-lock bags for electronics and clothes

Clothing

- 2-3 moisture-wicking T-shirts
- 1-2 long-sleeve hiking shirts
- 2 pairs of trekking pants
- Thermal top and bottom (for cold mornings/nights)
- Fleece jacket & Lightweight down jacket
- Waterproof and windproof jacket
- Waterproof pants (especially during the monsoon)
- 2-3 pairs of quick-dry underwear
- 2-3 pairs of trekking socks
- Warm sleeping socks

Footwear

- Broken-in waterproof trekking boots
- Lightweight sandals or camp shoes
- Optional gaiters (rainy or snowy season)

Head & Hands

- Sun hat or cap, & Warm beanie

- Buff or neck gaiter & Lightweight gloves

Sun Protection

- UV-protection sunglasses
- Sunscreen (SPF 30+)
- Lip balm with SPF

Sleeping

- Sleeping bag (0°C to -5°C is sufficient for most seasons; many teahouses provide blankets)
- Sleeping bag liner (optional)

Water & Food

- Reusable water bottles (1.5–2 L total)/ Tharmas
- Water purification tablets or a filter
- Energy bars, nuts, or trail snacks

First Aid & Toiletries

- Personal medications, Blister treatment (e.g., Compeed or moleskin)
- Pain reliever, Bandages, and antiseptic wipes
- Toothbrush and toothpaste, Hand sanitizer
- Wet wipes, Quick-dry towel & toilet paper

Electronics

- Headlamp with spare batteries
- Power bank (10,000–20,000 mAh)
- Phone charger & Camera (optional)

Trekking Accessories

- Trekking poles (highly recommended for the long stair sections)
- Pocket knife (optional)
- Notebook or guidebook (optional)

ADDITIONAL INFORMATION

What is the cost of the Annapurna Panorama Trek?

