

Api Himal Base Camp Trek - 10 Days



DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu

Day 2: Fly from Kathmandu to Dhangadi and Drive to Dadeldhura (2090m): 6-7 hours

Day 3: Drive from Dadeldhura to Makarigaad (1,300 m): 5-6 hours

Day 4: Trek from Makarigaad (1,300 m) to Sitigaun (2,200 m): 6/7 hours.

Day 5: Trek from Sitigaun (2,200 m) to Dhauliodar (3,100 m): 5/6 hours

Day 6: Hike to Api Base Camp (3,850 m) and Kalidhunga Taal (4,200 m) - Return to Dhauliodar

Day 7: Trek from Dhauliodar (3,100 m) to Sitigaun (2,200 m): 6-7 hours

Day 8: Trek from Sitigaun (2,200 m) to Makarigaad (1,300 m)

Day 9: Drive from Makarigaad to dhangadi , 7 hours drike

Day 10: Fly to Kathmandu from Dhangadi**Day 11: Departure**

