

Chisapani Nagarkot Trek - 3 Days

CHISAPANI NAGARKOT TREK: 3-DAY JOURNEY

The Chisapani Nagarkot Trek is a straightforward and brief yet incredibly picturesque route that can be undertaken throughout the year. It stands out as the premier trek near Kathmandu, featuring the breathtaking Sundarijal waterfall, lush green forests, Shivapuri National Park, Tamang villages, and stunning views of eight out of the thirteen mountain ranges in Nepal, along with spectacular sunrise and sunset vistas. This trek is classified as easy, making it ideal for both beginners and experienced trekkers seeking a short adventure in Nepal. The Chisapani Nagarkot trek is an underrated route that offers a comprehensive trekking experience.

The 3-day Chisapani Nagarkot trek is a delightful journey in Kathmandu, ideal for families with children, beginners, and those with limited trekking experience. However, it is also a classic trekking route that seasoned trekkers will find appealing. The stunning impressions of the trek exceed expectations, with each step revealing breathtaking views of the landscape, forests, charming villages, mountain ranges, and a tranquil atmosphere. If you are in Kathmandu and wish to discover a peaceful retreat nearby, this 3-day Chisapani Nagarkot trek is the perfect choice for anyone passionate about nature and culture. Notably, if the weather permits, you can enjoy views of Mount Everest every day.

Commence your Chisapani Nagarkot trek from Kathmandu, starting with a beautiful drive to Sundarijal, renowned for its charming waterfall. The trek then leads you to ascend to Mul Kahrak, a delightful Tamang village where the Buddhist culture is evident throughout the journey. After exploring this lovely village, the ascent continues to the hilltop, followed by a descent to Chisapani village. Along the route, you will encounter lush forests and stunning mountain views, all within a tranquil atmosphere that is hard to believe. The trail from Chisapani to Nagarkot features mostly gradual ups and downs. On clear days, you can enjoy the breathtaking mountain ranges that greet

you, along with a wide variety of flora and fauna. The local culture and landscapes are impressive and worth visiting. The sunrise and sunset views from Chisapani and Nagarkot are simply breathtaking. The trip concludes back in Kathmandu after a drive from Telko.

Are you in search of the right team for the Chisapani Nagarkot Trek? If so, Sherpa Nomad Trek Pvt. Ltd. is an excellent choice for your short trek in Nepal. Our packages are competitively priced, offering top-notch service, luxury accommodations, and are led by professional local guides. We guarantee the highest standards of safety and security. As a premium local company specializing in adventure, we warmly invite you to experience our complete package for the Chisapani and Nagarkot Trek. Book with us for a hassle-free journey where maximum flexibility and comfort are prioritized.

Chisapani Nagarkot Trek Cost for 2026-2027

The price for the Chisapani Nagarkot trek varies based on the services provided, group size, duration, and individual customer needs. Sherpa Nomad Trek Pvt. Ltd offers a luxury package ranging from USD 280 to 350 per person, depending on the group size. This trek package includes private transportation, full board meals, Wi-Fi, drinking water, showers, and very comfortable accommodations, along with a professional guide and entrance fees as outlined in the cost inclusions and exclusions. Traveling in a group reduces the cost, while solo trips are slightly more expensive. Book the Chisapani Nagarkot Trek with Sherpa Nomad Trek to receive excellent service at a reasonable price. The cost breakdown for the Chisapani Nagarkot Trek is as follows, based on group size:

- For solo travelers, the cost is USD 350.
- For groups of 2-6 people, the cost is USD 300 per person
- For groups of 7-10 people, the cost is USD 280 per person.

HIGHLIGHTS OF CHISAPANI NAGARKOT TREK

- Experience the breathtaking beauty of Sundarijal and its invigorating stream.
- Uncover the diverse ecosystems within Shivapuri Nagarjun National Park.
- Immerse yourself in the vibrant Tamang Cultural village, known for its warm hospitality.
- The Chisapani Nagarkot Trek is regarded as the premier short trek in Nepal, accessible year-round.
- Perfect for those seeking a brief and uncomplicated holiday experience.
- It serves as the sole viewpoint to witness 8 out of the 13 Himalayan ranges in Nepal.
- Enjoy the most spectacular sunrise and sunset vistas available from Chisapani and Nagarkot.
- Delve into the abundant flora and fauna found in Shivapuri.
- Relish a luxurious stay at a high-end hotel in Nagarkot.
- The Chisapani Nagarkot trek offers unparalleled views of Annapurna, Manaslu, Langtang, Ganesh Himal, Jugal Himal, Gauri Shankar, Everest, and more.

ITINERARY OVERVIEW

The Chisapani Nagarkot Trek itinerary offers comprehensive information to assist you in planning your journey. It will help you understand all aspects in advance, allowing you to determine if this trek is suitable for you. The 3-day Chisapani Nagarkot trek package and itinerary includes detailed information about the views, paths, ascents, descents, flora and fauna, highlights, accommodations, services, distances, dining options, and other relevant details. Within this information, you will find a day-by-day program for the Chisapani Nagarkot trek.

DETAILED ITINERARY

Day 1: From Kathmandu to Sundarijal drop and trek to Chisapani (2160m): 6 hours

The Chisapani Nagarkot trek commences at your hotel in Kathmandu following breakfast. At 8 AM, a guide and a driver will meet you in the hotel lobby, so please ensure you have completed your breakfast and packed your belongings beforehand. You are welcome to bring a small bag, while larger luggage can be securely stored at your hotel. After this, you will board the vehicle and enjoy a scenic drive through Kathmandu city. Approximately an hour later, we will arrive at the trekking starting point, Sundari Jal (Beautiful Water), which is the primary source of drinking water for Kathmandu. Before we reach the waterfall, we will make a stop at an Army checkpoint to acquire the National Park Permits, which require a copy of your passport. This procedure will take around 10 to 15 minutes before we proceed to the beautiful waterfall, a well-known attraction in Kathmandu.

We will take some time to appreciate the scenery before moving on to Mul Kharka, a village populated by the Tamang people, recognized for its rich culture, lifestyle, vibrant flowers, and views of Kathmandu and the surrounding forest. This location is perfect for lunch, and after our meal, we will continue our ascent to the peak through Shivapuri National Park and dense woodlands. We will

encounter another Army camp where we will need to show our permits once more. The hike will take approximately two hours uphill through the jungle, allowing you to experience tranquility and, if fortunate, catch glimpses of birds and wildlife.

Following this, we will descend to Chisapani through the jungle, taking in views of the mountains along the way. From a distance, you will be able to see the snow-capped peaks of Annapurna, Manaslu, Langtang, Ganesh Himal, and Gauri Shankar. The descent will take about an hour, leading us to Chisapani village, which translates to cold water. This Tamang village is celebrated for its warm hospitality and basic accommodations. If the weather permits, you will be rewarded with stunning mountain views and picturesque sunset scenes.

Accommodation: Lodge

Meals: Breakfast, Lunch & Dinner

Day 2: Trek from Chisapani to Nagarkot (2175m): 7-8 hours

Awaken to the soothing sounds of nature, including the gentle breeze and chirping birds. If you rise early before sunrise, and the weather permits, you can relish the breathtaking mountain views and witness the sunrise illuminating the range from Annapurna to Everest. After breakfast, savor a warm meal while taking in the expansive scenery that you can experience beforehand. Once breakfast is complete, pack your belongings and prepare to explore the stunning views and landscapes on your journey to Nagarkot. Today's trek is longer but easier than yesterday's. Follow the trail through the Shivapuri jungle, where you may encounter Dhap Damp (stunning Lake), majestic mountains, lush valleys, and quaint villages.

After approximately three hours of trekking, we will arrive at the village of Jhule, where we will pause for lunch. Following this, we will descend to Chauki Bhanjyang and gradually make our way to Kattike Bhanjyang. From Kattike, it will take about 40 minutes to reach Nagarkot. The journey spans around 25 kilometers and takes 6-7 hours, offering many memorable impressions that are truly special. We will spend the night at the Himalayan Villa, which offers comfortable accommodations,

excellent dining, and stunning mountain views that become even more remarkable during sunrise and sunset.

Accommodation: Hotel Himalayan Villa

Meals: Breakfast, Lunch, & Dinner

Day 3: Trek from Nagarkot to Telkot (1469m): 3 hours and travel to Kathmandu (1350m): 2 hours

Today marks the final day of the Chisaani Nagarkot Trek, and it is a truly special morning. You will witness the breathtaking sight of the snowcapped peaks illuminated by the sunrise, offering views that exceed all expectations. The experience is contingent upon the weather conditions; if the skies are clear, you will be treated to the magic of nature, creating lasting memories for everyone. After enjoying the sunrise and mountain views, you can indulge in a warm breakfast with a variety of options provided by this four-star hotel. Following breakfast, we will head to Telkot, where our trek concludes on foot before taking a car back to Kathmandu. Leaving Nagarkot behind, we will descend from the Nagarkot bus park and walk through the village towards Buddha Peace Park. This village walk offers a deep insight into the culture and traditional Nepali lifestyle.

After a three-hour trek, we will conclude our journey in Telkot, having visited the villages, temples, and enjoyed the scenic views. We will then take a car back to Kathmandu, marking the end of the three-day Chisapani Nagarkot Trek. If you wish to explore other wonderful places in Nepal, please do not hesitate to contact us. We guarantee to provide the best possible service, flexibility, and very reasonable costs, with safety and security always being our top priority.

Meals: Breakfast & Lunch

PRICE INCLUDES

- Kathmandu to Sundarijal by Comfortable Car/ Jeep as per the group size
- A Professional trained by NATHAM & Gov Certified local Trekking Guide
- Shivapuri National Park Fees for the guide and Clients
- One Night Accommodation at Lodge in Chisapani
- All the meals for the Trekking (Breakfast, Lunch & Dinner)
- Hotel Himalayan Villa for the Nagarkot Stay: four stars hotel
- Wifi, Hot Shower, Drinking water
- Gov Tax and official fees
- Guide meals, salary, insurance, and gears
- Fresh fruit, nuts, and an energy bar
- 3 Cups of Tea or coffee every day

PRICE EXCLUDES

- Nepal Visa fees
- travel insurance for Travellers
- Accommodation and Meals in Kathmandu
- Extra Drinks (Hard, hot, and Cold)
- Tips for Guide and Diver
- Other Activities
- Chitwan Safari tour at 170\$ P/P, for 2 nights/ 3 Days

- Everest Flight Tour for 3 hours: 130\$ per person
- Kathmandu sightseeing at 90\$ per person for 4 UNESCO World Heritage sites
- Everest tour by Heli tour at 1400\$ per person



EQUIPMENT & GEAR

Clothing

- Moisture-wicking T-shirts (2-3)
- Hiking pants (1-2 pairs)
- Fleece or warm mid-layer (mornings and evenings can be cool)
- Lightweight waterproof/windproof jacket
- Rain poncho or rain jacket (weather can change quickly)
- Underwear and hiking socks (3 pairs)
- Hat or cap for the sun
- Warm beanie (especially outside the warmer months)
- Lightweight gloves (optional in warmer months; recommended in winter)

Footwear

- Comfortable hiking boots or trail shoes with good grip
- Camp shoes or sandals (optional)

Backpack

- 25-35 L daypack if staying in teahouses/lodges
- Rain cover for your backpack

Essentials

- Reusable water bottles or hydration bladder (2 liters total capacity)
- Water purification tablets or a portable filter
- Sunglasses with UV protection

- Sunscreen (SPF 30+)
- Lip balm
- Trekking poles (optional but helpful on descents)
- hand sanitizer

First Aid

- Personal medications
- Blister treatment (e.g., moleskin or blister bandages)
- Pain reliever
- Bandages and antiseptic wipes
- Anti-diarrheal medication
- Insect repellent

ADDITIONAL INFORMATION

What Types of accommodation can be provided?

The Chisapani Nagarkot trek package includes accommodations for 2 nights. On the first night, you will stay in Chisapani village at a normal lodge. The following night will be spent in Nagarkot at the Himalayan Villa, a 4-star hotel that offers comfortable lodging. By booking with Sherpa Nomad Trek Pvt. Ltd, you will ensure the best accommodations during your Chisapani Nagarkot trek.

Does the Chisapani Nagarkot Trek require permits?

Yes, it is compulsory. The Chisapani Nagarkot trek is a short and enjoyable experience located in Shivapuri Nagarjun National Park, which necessitates permits for entry. The package includes the cost of the National Park Permit. Indian travelers are charged Rs 600 per person, Nepali travelers Rs

100 per person, and foreign travelers Rs 1,000 per person. The collected fees are used for nature conservation and trail maintenance.

What is Sundarijal?

Sundarijal is a waterfall that serves as the starting point for the Chisapani Nagarkot trek. The term 'Sundari' translates to 'beautiful' and 'Jal' means 'water', which together signify 'beautiful waterfalls'. This stunning waterfall is part of the Bagmati River, a sacred river. During the rainy season, you can observe the waterfall in its full glory, while in the dry season, it may not be visible at all.

What can you anticipate in Mul Kharka Village?

Mul Kharka is a delightful Tamang Village. The Tamang are an indigenous community in Nepal that practices Buddhism. They possess a rich cultural heritage. The name Mul Kharka translates to 'source of water,' which you will appreciate during your visit. The village is picturesque, featuring lovely, colorful courtyards filled with flowers, and you can observe animals such as buffalo, goats, cows, and chickens. From this village, you can enjoy views of Kathmandu and the lush green hills of Shivapuri National Park. It serves as a lunch break stop for the Chisapani Nagarkot Trek. This village is situated in a tranquil area, providing a stark contrast to the environment of Kathmandu. There are numerous accommodations available if you seek a peaceful night near Kathmandu.

What makes Chisapani Valley renowned?

Chisapani is a quaint village situated at an elevation of 2160 meters above sea level, inhabited by the Tamang and Gurung communities. The name Chisapani translates to 'cold water,' reflecting its cool and refreshing atmosphere. Reaching Chisapani from Sundarijal requires a trek of approximately 5-6 hours via Mul Kharka. It serves as the gateway to the Helambu Trek, Ama Yangri Trek, and Gosaikunda Pass Trek. Chisapani offers a tranquil retreat and showcases breathtaking mountain views on clear days, spanning from Annapurna to Everest. Visitors can enjoy a stay amidst the jungle, with excellent opportunities to witness stunning sunrises and sunsets over the Himalayas.

What Makes Nagarkot a Must-Visit Destination?

Nagarkot is a hilltop located 32 km to the east of the Kathmandu Valley, standing at an elevation of 2,195 meters. Often referred to as a paradise on earth, this serene hilltop offers tranquil areas from which you can view Mount Everest and the other eight of the thirteen Himalayan ranges in Nepal. Thanks to its prime location, it provides some of the best sunrise and sunset views over the mountains. There are numerous hotels available, ranging from budget options to luxury accommodations. This destination is one of Kathmandu's main attractions for visitors, offering a blend of nature and cultural heritage alongside breathtaking mountain vistas. If you are seeking peaceful surroundings for an overnight stay, be sure to visit here. During the Chisapani Nagarkot trek, you can spend a night to experience the stunning sunrise and sunset views.

What is the best time for the Chisapani Nagarkot Trek?

The optimal time for the Chisapani Nagarkot Trek is a common question. This trek, known for its ease and scenic beauty, can be undertaken throughout the year. However, the best periods to embark on the Chisapani Nagarkot Trek are during autumn (September to November) and spring (March to May). Traveling during these peak seasons offers numerous advantages. The weather tends to be more stable, temperatures are pleasant, and the chances of enjoying breathtaking views of the mountains and landscapes are significantly higher. Autumn brings a lush green environment and a festive atmosphere along the journey, while spring showcases blooming flora and stunning mountain vistas. Additionally, the Chisapani Nagarkot trek is also suitable for winter (December to February), as the weather remains stable, providing excellent views of the mountains and scenery. Although the rainy season is not ideal, this trek can still be considered during that time, as the rain does not have a major impact, but appropriate gear is essential. In summary, the Chisapani Nagarkot trek can be enjoyed year-round.

Is it possible to obtain a more affordable package for the Chisapani Nagarkot Trek?

Yes, we offer a range of budget-friendly packages for this trek. *Sherpa Nomad Trek Pvt. Ltd* is a premium company that emphasizes luxury trips at reasonable prices. If you are seeking premium service, you can book a package with us. For those interested in budget options, you can join our [Chisapani Nagarkot Trek](#) package through [Himalayan Trekking Path Pvt. Ltd](#), which is a budget-friendly subsidiary of *Sherpa Nomad Trek Pvt. Ltd*.

Can we see the mountain from Chisapani and Nagarkot?

Yes, the Chisapani to Nagarkot trek is renowned for its panoramic views of the Himalayan ranges stretching from west to east. You can observe 8 out of the 13 Himalayan ranges in Nepal. On a clear day, the mountains are visible from a considerable distance. The Himalayan ranges you can see include Annapurna, Manaslu, Ganesh Himal, Langtang, Jugal Himal, Gaurisankar, Rolwaling, and the Mahalangur ranges. The Mahalangur range is home to the world's highest peak, Mount Everest. On a clear day, you can also see Mount Everest from Chisapani and Nagarkot. This trek is ideal for those seeking views of Everest and is one of the most affordable ways to experience it. The Chisapani to Nagarkot trek provides a unique opportunity to see the longest mountain range, which is not visible from other locations.

FREQUENTLY ASKED QUESTIONS

1. Why Chisapani Nagarkot Trek is famous?

Chisapani Nagarkot is famous for its stunning landscapes and rich cultural heritage. The Chisapani Nagarkot trek is perfect for those looking for a short adventure, as well as for nature enthusiasts and culture seekers. It is recognized as one of the finest short treks in Nepal, accommodating travelers of all ages and fitness levels. Did you know that Nagarkot is known for its breathtaking mountain views, especially during sunrise and sunset? Indeed, it is a fantastic place to appreciate the mountains, lush valleys, and beautiful scenery. Chisapani provides a peaceful and rejuvenating environment, featuring spectacular mountain views alongside the cultural traditions of the Tamang and Gurung communities. This trek is an essential destination for anyone visiting Kathmandu. Make sure to seize this opportunity while you are in the city.

2. What is the difficulty level of the Chisapani Nagarkot Trek?

The Chisapani Nagarkot Trek is classified as an easy trekking route in Nepal, located in the Shivapuri Nagarjun National Park near Kathmandu. It is important to keep in mind that the first day requires approximately 6 hours of walking from Sundarijal to Chisapani. The route ascends via stone steps to the hilltop and then descends to Chisapani. On the second day, the trail is more gradual, but it still involves 7 to 8 hours of walking, necessitating a reasonable level of fitness. Previous climbing and trekking experience is not a prerequisite.

3. Is it possible to view Mount Everest from Nagarkot?

Yes, it is often stated that Mount Everest can be seen from Nagarkot. However, in reality, it is quite challenging to discern its precise shape; you can only catch a glimpse from a considerable distance.

From Chisapani and Nagarkot, you can observe numerous peaks ranging from Annapurna to the Mahalangur ranges. The Mahalangur range is home to Mount Everest, the highest mountain on the planet.

4. What mountains are visible from the Chisapani Nagarkot trek?

The Chisapani Nagarkot route is arguably the premier trekking path in Nepal, allowing you to see many of the country's highest peaks within a three-day journey, albeit from a distance. On a clear day, you can observe eight out of the thirteen Himalayan ranges in Nepal, including Annapurna, Manaslu, Langtang, Ganesh Himal, Jugal, Gaurishanker, Rolwaling, Everest, and Makalu. The trek features hundreds of towering snow-capped peaks that provide breathtaking views and inspiration throughout the Chisapani Nagarkot experience.

5. Is it possible to tour Nagarkot without trekking?

Yes, there are several ways to explore this beautiful destination. Nagarkot is renowned for hiking, sunrise tours, and trekking, and it also offers paragliding for adventure enthusiasts. If you have limited time and wish to visit Nagarkot, we highly recommend the Nagarkot sunrise tour, which is the ideal time to experience the stunning sunrise views over the majestic Himalayan ranges.

6. What is the cost of paragliding in Nagarkot?

The price for paragliding in Nagarkot ranges from \$100 to \$110 per person. The optimal periods for paragliding are from September to November and March to May. During these months, you can enjoy stunning views of the mountains and landscape. The duration of the paragliding experience is between 15 to 30 minutes, available from 8 AM to 12 PM. If you are interested in paragliding in Nagarkot, please reach out to us.

