

Everest Two Pass Trek - 20 Days

EVEREST TWO PASS TREK: CHO LA & RENJO LA PASS

The Everest Two Pass Trek is a renowned high passes trek in the Everest region of Nepal. It serves as a challenging alternative to the Everest Three Pass trek, which is known for its breathtaking scenery and thrilling trail leading to Everest Base Camp. This trek features two significant high passes: the Chola Pass, which connects Everest Base Camp to Gokyo Valley, and the Renjo La Pass, linking Gokyo Valley to Thame Village. The 20-day Everest Two Pass trek is ideal for those who wish to immerse themselves in the entire Everest region and explore its pristine natural beauty alongside traditional Sherpa villages. If you are considering the Three Pass trek but are short on time, this trek allows you to experience a similar route while omitting the Kongma La Pass. Discover the world's highest terrain, including the majestic Himalayan views of five of the tallest mountains, glaciers, glacial lakes, and other impressive sights. The journey begins in Lukla and proceeds to Deboche village, passing through charming Sherpa villages and pine forests. As you continue, the trail becomes rugged, transitioning from lush greenery to arid, rocky paths, yet the mountain views at every step of the journey remain stunning and magnificent. You will have the opportunity to rest and acclimatize in Namche Bazaar and Dingboche village. From there, you can visit Everest Base Camp and Kalapatthar before summiting the Chola Pass to reach Gokyo Valley. After exploring Gokyo Valley, you will ascend the Renjo La Pass before returning to Namche Bazaar. The Everest Two Pass trek concludes in Lukla, where you will take a scenic flight back to Kathmandu.

DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu

Day 2: Free Day in Kathmandu : Spend your time for preparation

Day 3: Kathmandu to Lukla via flight and Trek to Phakding (2610m): 4 hours

Day 4: Trek from Phakding to Namche Bazar (3440m): 6 hours

Day 5: Free Day in Namche Bazar : Hike to Everest View Hotel (3838m): 6 hours

Day 6: Trek from Namche Bazar to Tengboche (3870m): 6 hours

Day 7: Trek from Tengboche to Dingboche(4410m): 6 hours

Day 8: Free Day in Dingboche: Hike to Nangkartshang Peak (5,083m): 5 hours

Day 9: Trek from Dingboche to Lobuche (4900m): 6 hours

Day 10: Trek from Lobuche to Gorakshep (5170m) and Hike to Everest Base Camp (5364m): 7 hours

Day 11: Hike to Kalapather (5545m): and Trek to Dzong La (4843m): 7 hours

Day 12: Trek from Dzong La to Gokyo Lake Via Cho La Pass (5360m): 7 hours

Day 13: Free Day in Gokyo and Hike to Gokyo Ri- 5357m

Day 14: Trek from Gokyo to Lungden (4350m): 7 hours

Day 15: Trek from Lungden to Thame (3850m): 6 hours

Day 16: Trek from Thame to Namche (3440m): 6 hours

Day 17: Trek from Namche to Lukla (2860m): 7 hours

Day 18: Lukla to Kathmandu flight

Day 19: Free day in Kathmandu

Day 20: Departure

