Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

Himlung Himal Climbing - 28 Days

HIMLUNG HIMAL EXPEDITION: 28 DAYS

Embarking on the Himlung Himal Expedition is the first step towards reaching a summit of over seven thousand meters. This journey allows you to conquer the magnificent Himalayan peak, share your joy, and witness the extraordinary surroundings that are beyond your wildest dreams. The expedition world is both exhilarating and challenging, yet it promises experiences that you will cherish for a lifetime. Himlung Himal (7126m) is a renowned climbing peak situated to the northeast of the Annapurna range, at the eastern end of the Phu Valley, which borders Tibet through Himlung's subsidiary peak, Himlung East. It is quite popular among first-time climbers aiming for seven-thousand-meter mountains due to its relatively straightforward technical challenges and its safety from avalanches and rockfalls.

The journey begins in Kathmandu, featuring a scenic drive along the river valley to Dharapani. From Dharapani, the trek to the classic Annapurna Circuit begins, leading to Koto Village, near Chame Village and the gateway to the Nar Phu Valley trek, a route used by the Himlung Himal expedition. This expedition offers an opportunity to explore both the Annapurna Circuit trek and the Nar Phu Valley trek before proceeding to climb Himlung Himal. The Himlung base camp sits at 4,900 meters, with three higher camps at 5,450 meters, 6,000 meters, and 6,350 meters, respectively. The final ascent to the summit involves a steep and icy path. Typically, the climb to Himlung and back to base camp takes between ten and fifteen days.

Since its opening to climbers in 1992, it was first successfully summited by a Japanese team that same year. To date, there have been nearly a thousand successful ascents of Himlung, particularly after 2013, when Swiss mountaineer Kari Kobler established a new, safer route, making the mountain more accessible. Although it is considered easier than other peaks, climbing Himlung Peak still demands a high level of fitness. Himlung Himal stands as a magnificent peak, offering an

incredible trekking experience to its summit.

Sherpa Nomad Trek Pvt. Ltd. is the premier local partner for your Himlung Himal Expedition. Our team consists of highly professional Sherpas and crew members who will guide you on your journey to the summit of Himlung and back to base camp. We handle all necessary paperwork, set up camps, provide well-prepared meals, and supply all climbing equipment as per requirements. We are dedicated to making your Himlung Himal expedition a reality. Now is the time to reach the summit of the renowned Himlung Himal Peak with the best local team.

THE COST OF THE HIMLUNG HIMAL CLIMBING FOR 2026-2027

The expense associated with the Himlung Himal expedition fluctuates based on several factors, including the number of participants, the quality of services provided, the length of the journey, and the degree of scheduling flexibility. Typically, participants can expect a reasonable investment ranging from USD 6,000 to USD 15,000 per person for the Himlung Himal expedition. The 28-day Himlung Himal climbing package provides comprehensive services encompassing airport transfers, Kathmandu accommodation, group transportation, mountain meals, logistical coordination, trekking and climbing permits, professional guides, specialized climbing guides, and campsite setup. Climbing equipment and support crew are also included, ensuring you receive expert guidance throughout the Himlung Himal expedition. Join our Himlung Himal expedition to experience this remarkable peak alongside experienced local Sherpa experts. We prioritize safety, security, flexibility, authenticity, and expert Sherpa guidance while maintaining competitive pricing for the services provided. Below is the detailed cost breakdown for the Himlung Himal expedition:

- Solo climber: USD 9,000
- 2-6 participants: USD 8,000 per person
- 7-10 participants: USD 7,000 per person
- 11+ participants: USD 6,000 per person

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THE MAJOR HIGHLIGHTS OF THE HIMLUNG HIMAL CLIMBING

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DETAILED ITINERARY

Day 1: **Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu**

Day 2: **Preparation Day in Kathmandu**

Day 3: **Kathmandu to Dharapani (2000m) by Drive**

Day 4: **Trek from Dharapani to Koto (2,600m): 6 hours**

Day 5: **Trek from Koto to Meta (3,560m): 7 hours**

Day 6: **Trek from Koto to Mehta (3200m): 6 hours**

Day 7: **Trek Mehta to Phu-Gaon (4400m): 6 hours**

Day 8: **Rest Day in Phu Gaon**

Day 9: **Trek Phu-Gaon to Himlung Base camp (4850m), camping setup**

Day 10: **Training Day in Himlung Base Camp (4900m)**

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Day 11: **Trek and expedition to Himlung Camp -I (6000m)**

Day 12: **Training and preparation at Himlung Camp -I (6000m)**

Day 13: **Training and preparation at Himlung Camp -I (6000m)**

Day 14: **Camp - I (6300m) to Camp- II (6350m)**

Day 15: **Camp- II (6350m) , Training and preparation**

Day 16: **Camp- II (6350m) , Training and preparation**

Day 17: **Camp- II (6350m) , Training and preparation**

Day 18: **Camp- II (6350m) , Training and preparation**

Day 19: **Camp- II (6350m) , Training and preparation**

Day 20: **Camp -II (6350m), Training and preparation**

Day 21: **Camp- II (6350m) and Summit Push of Himlung Himal (7126m) and Back to Base Camp**

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Day 22: **Himlung Himal Base Camp to Phu Village**

Day 23: **Trek from Phu Village to Meta Village**

Day 24: **Trek Back to Meta to Koto (2625m): 6 hours**

Day 25: **Trek from Koto to Dharapani (2000m): 6 hours**

Day 26: **Drive from Dharapani to Kathmandu**

Day 27: **Free day in Kathmandu**

Day 28: **Departure**

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PRICE INCLUDES

- Airport Pick-up and Drop-off Service
- 4 Nights' Kathmandu Accommodation at Hotel Ramada Encore
- Welcome Dinner on the second day of your arrival in Kathmandu
- Trekking and Climbing Permits that need for the Himlung Expedition
- Trekking Permit, Annapurna Conservation entry fees (permit), and TIMS for trekkers.
- Experienced trekking guide and necessary porters during the trek.
- Three meals (BLD and limited tea or Coffee)and tea-house accommodation during the trek.
- All required camping equipment like tents, kitchen, and camp furniture at Base Camp.
- Three 3 meals with unlimited tea, Coffee, and hot chocolate; tented camp accommodation at BC.
- When climbing, members get a maximum 30 kg Baggage allowance for personal logistics up and down.
- Expedition Royalty to climb Mt. Himlung Himal levied by the Nepal Government.
- Fully paid Government Liaison Officer with wages and insurance sharing in the team.
- Insurance for medical, accidental, and search and rescue for all local staff (Porter/Kitchen Staff).
- Climbing Permit to climb Mt. Himlung Himal from the Department of Tourism.
- Necessary kitchen and base camp staff with equipment and wages.
- First aid medical kits with emergency oxygen and masks with regulators at BC.
- Individual tents in the Advance Base Camp for climbing members and Dome Tents for staff.
- Solar panel / Petrol Generator for light and battery charging at Advance Base Camp.
- Our service charge and Government taxes levied in Nepal.
- Farewell Dinner with the management at a typical Nepalese cultural restaurant.
- Achievement certificate after the trip is completed.

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PRICE EXCLUDES

- Nepal Visa Fees
- Special insurance that covers the 7500m elevation
- Lunch and Dinner during your stay in Kathmandu (except farewell dinner).
- Clothing, Packing Items or Bags, Personal Medical Kit, personal trekking gear.
- Sharing rope fixing and High altitude meals and tents prepared by climbing Sherpa.
- Any Climbing Sherpa to support approaching the summit for the climbing member.
- Any extra expenses arising out of various unforeseen situations like natural calamities, landslides, political disturbances, strikes, and changes in Government regulations.
- Any additional staff (Sherpa/Guide/Porter etc.) other than specified.
- Repatriation, Medicines, Medical Tests, and Hospitalization expenses.
- Travel/medical/accidental Insurance and helicopter search and rescue evacuation.
- Tips to base camp staff (Per member, beginning from a minimum of US$ 150.00 in total)
- Repatriation, medicines, medical tests, and hospitalization expenses for members.
- Travel insurance and helicopter rescue evacuation for members.
- Other TIPS/Gifts/Souvenirs to anyone related to your expedition.
- Any other item not included in the “Full Board Service Package Include” section.

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