

## Langtang Tamang Heritage Trek - 12 Days



## DETAILED ITINERARY

**Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel**

**Day 2: Travel from Kathmandu to Gatlang via Syabrubesi by Jeep**

**Day 3: Trek from Gatlang to Tatopani Village (2607m): 6 hours**

**Day 4: Trek from Tatopani to Thuman (2338m): 6-7 hours**

**Day 5: Trek from Thuman to Briding (2229m): 6 hours**

**Day 6: Trek from Briding to Sherpa Village (2560m): 6 hours**

**Day 7: Trek from Sherpa village to Langtang Valley (3430m): 6 hours**

**Day 8: Trek from Langtang Valley to Kyanjing (3870m): 4 hours and Hike to Kyanjing Ri (4300m)**

**Day 9: Hike to Tserko Ri (5000m): 6 hours**

**Day 10: Trek from Kyanjing Gompa to Thangsyap village (2600m): 5-6 hours**

**Day 11: Trek from Thangsyap to Syabrubesi (1500m): 5-6 hours****Day 12: Drive from Syabrubeshi to Kathmandu****Day 13: Departure**

