Sherpa Nomad Trek
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Mardi Himal Trek - 10 Days

MARDI HIMAL TREK: A JOURNEY INTO NATURE'S PARADISE

The **Mardi Himal Trek** is an exceptional short and exhilarating adventure within the Annapurna range, situated beneath the revered **Mt. Machhapuchhre (6994m) and Mardi Himal (5587m)**, surrounded by lush Alpine and Rhododendron forests. This trek is one of the newly established routes in the Annapurna region, opened to trekkers after 2011 AD. It stands out as a remarkable short trek that offers breathtaking views of several majestic peaks, including **Hiuchuli, Annapurna South, Annapurna I, Gangapurna, Fishtail, Gandarba Chuli, and Annapurna Fang**. This journey not only showcases stunning natural beauty but also provides a deep cultural immersion.

The **Mardi Himal Trek** is renowned in the Annapurna region, alongside the **Annapurna Base Camp trek**, **Khopra Danda Trek**, and **Ghorepani Poon Hill trek**. This journey offers an exhilarating and fulfilling experience at the foothills of Mardi Himal (5587m). The term "Mardi" originates from the local language, meaning "**spine**" or "**backbone**," which refers to the mountain's sharp ridges. Meanwhile, "Himal" is the Nepali term for a snow-capped mountain or a snowy range. The trek provides an exceptional experience of culture, nature, and mountains. It is a moderately difficult trek suitable for both novice and experienced trekkers, including families with children. However, it is essential to note that physical fitness is required, as the trail involves ascending and descending, with daily walks of 5-6 hours in duration. The total distance of the Mardi Himal trek ranges from approximately 40 to 70 km, depending on the starting and ending points of the trek.

Each day, trekkers are treated to breathtaking views of the Himalayas, including the **Annapurna, Manaslu, Ganesh Himal, and Dhaulagiri ranges**. At lower elevations, you can witness the Gurung villages and lush green valleys adorned with rhododendron forests. Therefore, spring is the ideal season to experience the stunning bloom of rhododendrons and the majestic mountain views. The best seasons for trekking are autumn, spring, and winter, while the monsoon season is not

recommended due to adverse weather conditions. Join **Sherpa Nomad Trek Pvt. Ltd**. to book the Mardi Himal trek for a comfortable package, where safety and security are prioritized, along with authenticity, impeccable hospitality, and a hassle-free, comprehensive experience.

MARDI HIMAL TREK COST FOR 2026-2027

The luxury Mardi Himal Trek is priced between USD 900 and USD 1000 per person with Sherpa Nomad Trek Pvt. Ltd, the premier local company in Nepal, depending on the size of the group. The cost of the Mardi Himal Trek can fluctuate based on factors such as group size, service level, duration, season, package type, and comfort level. Sherpa Nomad Trek Pvt. Ltd prioritizes quality service, ensuring safety and security are paramount, allowing us to offer comfortable and luxurious packages at competitive prices for our clients. The comprehensive 10-day Mardi Himal Trek package begins with airport pickup and concludes with airport drop-off. This package includes all private transportation, luxury accommodations in Kathmandu and Pokhara, flights between Kathmandu and Pokhara, a professional local guide, porter services, permits, mountain meals, drinks, Wi-Fi, hot showers in the mountains, and much more, as detailed in the inclusions and exclusions section. However, we are more than happy to customize the package according to your preferences. We are open to operating for solo travelers, small groups, and larger groups as per your preference. Please note that trip costs may vary based on group size, with solo and small group rates being higher than those for larger groups. The pricing structure for the Mardi Himal Trek is as follows:

- The cost of the Mardi Himal Trek Package is USD 1000 for a single traveler
- The cost of the Mardi Himal Trek is USD 950 per person for groups of 2-6 people
- The cost of the Mardi Himal Trek is USD 900 per person for groups of 7-10 people

MAJOR HIGHLIGHTS OF THE MARDI HIMAL TREK

- The Luxury Mardi Himal trek commences and concludes in Kathmandu.

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- Experience the beauty of Kathmandu and Pokhara prior to embarking on the Mardi Himal trek.
- Travel between Kathmandu and Pokhara via a scenic flight.
- Discover the cultural and natural diversity along the Mardi Himal trek.
- Uncover the rich flora and fauna within the Annapurna Conservation Area.
- Venture into the lesser-known Mardi Himal trek to experience untouched nature.
- Stroll through the dense rhododendron forests, which are particularly vibrant in spring.
- Marvel at the majestic peaks of the Annapurna range, which are truly breathtaking.
- Hike to Mardi Himal Base Camp (4500m) to enjoy picturesque views of Fishtail and other peaks.
- Observe the lush green valleys, Himalayan terrain, and stunning mountain vistas.

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DETAILED ITINERARY

Day 1: **Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu**

Day 2: **Kathmandu to Pokhara flight and explore Pokhara**

Day 3: **Pokhara to Kande drive and trek to Pitam Deurali (2100m): 5-6**

Day 4: **Trek from Pitam Deurali to Forest Camp (2520m):5-6 hours**

Day 5: **Trek from Forest Camp to Low Camp (2970m): 4-5 hours**

Day 6: **Trek from Low Camp to High Camp (3540m): 4-5 hours**

Day 7: **Morning hike to Mardi Himal Viewpoint and Back to Low Camp : 6-7 hours**

Day 8: **Trek to Siding Village and Drive to Pokhara**

Day 9: **Pokhara to Kathmandu flight and explore Kathmandu**

Day 10: **Departure / Next Adventure**

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PRICE INCLUDES

- International Airport Pick-up & Airport Drop-off
- 2 nights Hotel, 4-star Accommodation in Kathmandu at Ramada Encore with Breakfast
- Flight Between Kathmandu and Pokhara by Plane
- 2 nights Hotel in Pokhara at Middle Path Hotel with Breakfast
- Pokhara to Kande by Car/ Jeep/ Minibus as per the Group size
- All the logistical arrangements
- 5 nights Mountain Accommodation in a private Room at the best lodge as per availability.
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- 2 Guests: 1 Porter to carry your heavy backpack.
- Fresh Organic fruit, nuts, and energy bars every day on the Trekking
- Wifi, a hot shower, and a charging facility
- 3 Cups of Tea or Coffee every day during the trekking.
- Requires Permits (TIMS, & ACAP Fees)
- Gov Tax and Official Fees.
- Drive back to Pokhara by Car, Jeep, or Minibus as per the Group size
- Trekking Gears like a sleeping bag, Map and a duffel bag
- Farewell Dinner in Kathmandu or Pokhara

PRICE EXCLUDES

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- Nepal Visa Fees (15 Days -30$ P/P, 30 Days -50$ P/P)
- Travel Insurance
- Drinks like (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Trekking Gears
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Diver, Guide, and Porter
- Paragliding in Pokhara: 80$ P/P
- Seti River Rafting: 60$ per person
- Kathmandu sightseeing: 80$ per person
- Pokhara extra night hotel: 50$ for single and 60$ for double/twin every extra night
- Extra Day in the Mountain: USD70 per person
- Extra Night in Kathmandu: 90$ for single & 110$ for double/twin every extra night
- Mount Everest flight: 220$ per person

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EQUIPMENT & GEAR

Backpack

- 20–30 L daypack and Rain cover
- Dry bags or zip-lock bags for electronics and clothes

Clothing

- 2–3 moisture-wicking T-shirts
- 1–2 long-sleeve hiking shirts
- 2 pairs of trekking pants
- Thermal top and bottom (for cold mornings/nights)
- Fleece jacket & Lightweight down jacket
- Waterproof and windproof jacket
- Waterproof pants (especially during the monsoon)
- 2–3 pairs of quick-dry underwear
- 2–3 pairs of trekking socks
- Warm sleeping socks

Footwear

- Broken-in waterproof trekking boots
- Lightweight sandals or camp shoes
- Optional gaiters (rainy or snowy season)

Head & Hands

- Sun hat or cap, & Warm beanie

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- Buff or neck gaiter & Lightweight gloves

Sun Protection

- UV-protection sunglasses
- Sunscreen (SPF 30+)
- Lip balm with SPF

Sleeping

- Sleeping bag (0°C to -5°C is sufficient for most seasons; many teahouses provide blankets)
- Sleeping bag liner (optional)

Water & Food

- Reusable water bottles (1.5–2 L total)/ Tharmas
- Water purification tablets or a filter
- Energy bars, nuts, or trail snacks

First Aid & Toiletries

- Personal medications, Blister treatment (e.g., Compeed or moleskin)
- Pain reliever, Bandages, and antiseptic wipes
- Toothbrush and toothpaste, Hand sanitizer
- Wet wipes, Quick-dry towel & toilet paper

Electronics

- Headlamp with spare batteries
- Power bank (10,000–20,000 mAh)
- Phone charger & Camera (optional)

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Trekking Accessories

- Trekking poles (highly recommended for the long stair sections)
- Pocket knife (optional)
- Notebook or guidebook (optional)

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