

Mera Peak Climbing - 18 Days

MERA PEAK CLIMBING: NEPAL'S HIGHEST TREKKING PEAK

Mera Peak is the tallest trekking peak in Nepal, reaching an elevation of 6470m, and is recognized as one of the premier climbing destinations globally. Situated within the Makalu Barun National Park in the Mahalangur Range, it ranks among the most sought-after peaks worldwide, offering breathtaking views of soaring elevations ranging from 5000 to 8848.68m, a sight unmatched elsewhere. Its unique location, height, and trails make it a top choice for adventure enthusiasts. The expedition leads you to the summit of Mera Peak through a rugged path, away from the crowds, showcasing untouched nature, cultural diversity, rich flora and fauna, lush forests, and spectacular mountain vistas alongside Sherpa villages.

Mera Peak serves as a training peak for those aspiring to tackle more challenging mountains. During the trekking season, many travelers opt for this peak as a preparatory step for climbing Everest. Mera Peak is an excellent choice for both novice and experienced climbers, though it demands physical endurance and mental resilience. While Mera Peak is considered a non-technical climb, it still requires basic mountaineering gear, including ropes, ice axes, climbing boots, harnesses, and crampons. The journey to climb Mera Peak spans 15 to 20 days and offers two distinct routes: the lower route from Paiya Village and the upper route via Zetrwa La Pass. The lower Mera Peak route is significantly easier, making it ideal for first-time climbers, while the upper Mera Peak route is better suited for seasoned trekkers. To book your [Mera Peak climbing](#) adventure, consider **Sherpa Nomad Trek Pvt. Ltd**, which offers various packages and services tailored to your preferences. Our team is the leading local company, ensuring successful expeditions with a focus on hospitality, flexibility, premium packages, and prioritizing safety and security.

MERA PEAK CLIMBING COST FOR 2026-2027

The cost for climbing Mera Peak starts at USD 2,500 and can go up to USD 3,000 per person, depending on the size of the group. We at Sherpa Nomad Trek Pvt. Ltd. offer a package that exceeds ordinary climbing experiences, providing maximum flexibility, proper acclimatization, high-quality climbing gear, highly experienced local climbing Sherpas, and essential safety tools. While many companies may lure climbers with lower prices, it is crucial to prioritize service and safety to ensure a genuine adventure. Our 18-day Mera Peak climbing package includes all necessary services as outlined in the inclusions and exclusions section. We tailor our packages to match your fitness level and include airport pickup, Kathmandu-Lukla flights, mountain accommodations, porters, trekking guides, and Sherpa climbing guides for the peak section, ensuring the best experience. All climbing gear, luxury hotel accommodations in Kathmandu, and meals in the mountains are also part of the package, along with necessary permits. The cost may be higher for a single climber, while it decreases for groups of two or more. However, our package guarantees a 1:1 climbing guide-to-guest ratio to maximize the chances of a successful trip, providing motivation and care from the climbing guide. The pricing for Mera Peak climbing varies based on group size as follows:

- For a single climber, the cost is USD 3,000
- For a group of 2-6, the cost is USD 2,700 per person;
- For a group of 7-10, the cost is USD 2,500 per person.

MAJOR HIGHLIGHTS OF MERA PEAK CLIMBING

- Discover the concealed paths of the Everest region and uncover the untouched trails.
- Immerse yourself in the rich cultural heritage and natural diversity of the Rai and Sherpa communities.
- Experience the tranquility of the trail, surrounded by lush green valleys, dense forests, and untamed wilderness.
- Marvel at the colossal waterfalls, glacial rivers, and breathtaking natural landscapes.

- Stay in local lodges to gain a deeper understanding of the community's culture.
- Enjoy the soothing sounds of nature alongside the magnificent views of the verdant valley.
- Be awed by the stunning peaks, including Mera Peak, which stands as the highest trekking peak at 6,470 meters.
- Challenge your endurance by climbing the demanding peaks in the region.
- Mera Peak is beginner-friendly and is classified as a non-technical climb.
- Witness five of the world's tallest mountains, including Everest, Makalu, Kanchenjunga, Lhotse, and Cho Oyu, while capturing rare mountain vistas exclusive to Mera Peak climbing.

DETAILED ITINERARY

Day 1: Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu

Day 2: Preparation day in Kathmandu

Day 3: Fly from Kathmandu to Lukla (2860m) and trek to Paiya (2730m): 4-5 hours

Day 4: Trek from Paiya to Pangkom (2805m): 5-6 hours

Day 5: Trek from Pangkom to Ramilo Danda (3276m): 6-7 hours

Day 6: Trek from Ramailo Danda to Chhatra Khola (3122m): 5-6 hours

Day 7: Trek from Chhatra Khola to Kote (3580m): 5-6 hours

Day 8: Trek from Kote to Tangnang (4350m): 5-6 hours

Day 9: Trek from Tangnang to Khare (4900m): 4-5 hours

Day 10: Rest day in Khare: Option for Preparation & Training Day

Day 11: Trek from Khare to Mera High Camp (5800m): 5-6 hours

Day 12: Mera peak Summit (6460m) and Trek Back to Khare (4900m): 9-10 hours

Day 13: Trek Back to Kote (3580m): 5-6 hours

Day 14: Trek from Kote to Thuli Kharka (4300m): 5-6 hours

Day 15: Trek from Thuli Kharka to Lukla via Zatrwa La Pass (4610m): 7 hours

Day 16: Fly from Lukla to Kathmandu (1350m): 30 minutes

Day 17: Free day in Kathmandu: Option for Sightseeing

Day 18: Departure/ Next Destination

PRICE INCLUDES

- International & Domestic Airport Pickups and drops
 - Flights from Kathmandu to Lukla and Lukla to Kathmandu
 - During the peak season, which spans from mid-September to mid-November and from March to May, flights operate exclusively between Ramechhap and Lukla. Therefore, we provide complimentary transportation in a shared Jeep between Kathmandu and Ramechhap
 - 14 days of meals provided, including lunch, dinner, and breakfast
 - All the Mountain Accommodation as per the itinerary
 - Accommodation for 1 night in a Tent
 - 4 nights of 4-star Hotel- Ramada Encore accommodation in a hotel in Kathmandu with free breakfast
 - A professional trekking guide is provided, with a ratio of 2 guests to 1 Trekking Porter
 - Highly skilled Climbing Guides and crews are available
 - Trekking staff are supplied with food, accommodations, salary, and insurance
 - Daily provision of 3 tea/coffee servings
 - Trekking Permits and Climbing permits are provided
 - Assistant Cook and Transportation are available, along with the necessary kitchen helpers and camping equipment
- Camping Equipment: Utensils are provided, including EPI Gus, a gas stove or fuel stove, cooking pots, a mattress, a walkie-talkie, etc for highcamp
- Staff salary and allowance covered, including wages, equipment, food, clothing, and insurance for climbing staff and porters
- Highs include a North Face Dome Tent for two people, a wall/cabin tent for dining and the kitchen, and others.

- High Camp Lodging & food service are provided, including three meals a day for members and staff
- Drinks and beverages for climbing are provided, including tea with cookies and hot drinking water
- Gear is provided, including climbing boots, rope, crampons, an ice axe or hammer, harness, jammers
- Farewell dinner in Kathmandu after the trip
- First aid box, a small cylinder of oxygen for the emergency case

PRICE EXCLUDES

- The visa fees for Nepal are USD 30 for 15 days, USD 50 for 30 days, and USD 125 for 90 days per person.
- International airfare is not included in the travel package and needs to be arranged separately.
- Visitors are advised to have travel Insurance including rescue and medical
- For a Sleeping Bag, Down jackets, gloves, water, and wind-proof stuff such as Pants and jackets for climbing, Flashlight
- In unexpected bad weather conditions, extra days may be required and should be planned accordingly.
- Some amenities, such as hot showers, drinking water, WIFI, laundry, and batteries, may come at an additional cost.
- Personal expenses, extra drinks, and lost items are not included in the travel package.
- It is customary to give tips to your driver, porter, and guide.
- Private Vehicles between Kathmandu and Ramechhap (USD200) for a round trip in a Jeep.

- Helicopter service
- All kinds of trekking and climbing personal gears



EQUIPMENT & GEAR

Clothing

- Base layer (moisture-wicking)
- Fleece jacket
- Insulated down jacket
- Waterproof hardshell jacket
- Waterproof hardshell pants
- Trekking pants
- Thermal bottoms
- Warm hat (beanie)
- Sun hat/cap
- Buff or neck gaiter
- Liner gloves
- Insulated waterproof gloves
- Wool or synthetic socks (3-5 pairs)
- Gaiters

Footwear

- Mountaineering boots (compatible with crampons)
- Camp shoes or sandals

Climbing Gear

- Climbing helmet

- Climbing harness
- Crampons
- Ice axe
- Locking carabiners
- Non-locking carabiners
- Belay/rappel device
- Prusik loops or slings
- Ascender (jumar), if required
- Descender, if required

Backpack & Sleeping

- 50–70 L backpack
- 20–35 L daypack (optional)
- Sleeping bag (appropriate temperature rating)
- Accessories
- Headlamp + spare batteries
- UV-protection sunglasses (Category 4 preferred for snow)
- Sunscreen (SPF 50+)
- Lip balm with SPF
- Water bottles or hydration bladder
- Thermos flask
- Trekking poles
- Personal first-aid kit
- Multi-tool or knife

- Personal toiletries
- Snacks/energy bars

Documents

- Passport/ID
- Permits
- Travel insurance (covering mountaineering)
- Emergency contact information



