Sherpa Nomad Trek
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Shivapuri Hiking - 1 Days

ONE-DAY SHIVAPURI HIKING FROM KATHMANDU

Shivapuri Hiking from Kathmandu is a one-day journey led by a local expert guide, taking you to **Shivapuri Peak at 2732m,** the second-highest peak of Kathmandu, through the **Shivapuri Nagarjuna National Park**. This adventure allows you to explore the natural richness of Shivapuri National Park, surrounded by serene and stunning jungle landscapes. It presents a wonderful opportunity to immerse yourself in nature, observe the diverse flora and fauna, and enjoy a tranquil and refreshing experience, making it an ideal destination for day-walkers seeking respite from the chaos of daily life. If you have an extra day and are eager to discover nature along with magnificent Himalayan views, the **Chispani Nagarkot trek**, offered in a 3-day package, is an excellent choice. While you are planning to discover the hidden treasure of Nepal, join the **Kathmandu sightseeing Tour** and **Mount Everest flight**, the best option to witness Everest from the sky.

The Hike to Shivapuri Peak lasts between 6 and 7 hours, covering a distance of 15 to 20 kilometers. This moderately challenging hike requires a reasonable level of fitness. Shivapuri Hiking is a fantastic day trip in Kathmandu for those with limited time for longer excursions. Its location provides breathtaking views of the mountains, including Ganesh Himal, Langtang, and Gauri Shankar, especially on clear days. This trip is well-known for bird watching and wilderness exploration. The journey commences at Pani Muhan in Budanilkantha and winds through dense forests along stone steps to reach Shivapuri Peak (2732m), the second-highest peak in Kathmandu. The peak is celebrated for its distant mountain views and serves as a Hindu shrine, offering spiritual, cultural, and natural significance. After reaching the summit, the descent leads you to Baghdwar, the source of the Bagmati River, and the Nunnery Monastery before concluding the hike. It is an ideal trek for those who wish to experience tranquility, rich flora and fauna, and stunning views of the Himalayas along with panoramic vistas of Kathmandu. Throughout the trip, you will encounter experiences that exceed your expectations. The Shivapuri hike is perfect for students

and airline staff, and serves as a warm-up for the **Kailash tour** and **high Himalayan treks**.

Shivapuri Nagarjuna National Park is home to 2,100 plant species, over 300 bird species, as well as wildlife such as the Indian leopard, Himalayan black bear, jungle cat, wild boar, and barking deer. Additionally, the park hosts 102 species of butterflies and moths, along with snakes like the king cobra and green pit viper. This trip offers a chance to observe some of the indigenous creatures. Overall, hiking in Shivapuri is a rejuvenating day trip in Kathmandu, providing deep natural exploration and stunning mountain views, making it a special day hike in and around the Kathmandu Valley.

SHIVAPURI HIKING PACKAGE & COST FOR 2026-2027

The cost of the Shivapuri hike ranges from USD 70 to USD 90 per person, depending on the group size, with Sherpa Nomad Trek Pvt. Ltd., a premier local company in Nepal. Several key factors influence the cost of any tour, including the Shivapuri Hiking, such as group size, duration, service standards, safety equipment, and more. Sherpa Nomad Trek Pvt. Ltd. offers the Shivapuri Hiking experience backed by years of expertise in tourism, creating one of the best packages at a very reasonable price. This package includes a professional guide, transportation, entrance fees, and lunch. Since this hike takes place entirely within the forest and nature, it is essential to carry at least 2-3 liters of water before starting the hike. If you choose to go solo, the cost will be higher compared to joining a small or large group. You can join our company as a solo traveler, in a small group, or in a large group, and we will provide a very genuine rate along with quality service. Below is the cost breakdown based on group size:

- For individual participation, the package is available at USD 90
- For groups of 2-6 participants, the cost is USD 80 per person
- For groups of 7-10 participants, the cost of the Shivapuri hike is USD 70 per person.

MAJOR HIGHLIGHTS OF SHIVAPURI HIKING

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- Escape the hustle and bustle of Kathmandu by embarking on the Shivapuri hike.
- Immerse yourself in the calming sounds of nature, enjoy a pleasant walk, and take in peaceful moments.
- This meaningful journey will guide you to the summit of Shivapuri (2732m), the second-highest peak in Kathmandu.
- Experience the refreshing Himalayan breeze along with the diverse flora and fauna.
- Discover the breathtaking vegetation and enjoy one of the finest jungle walks in Kathmandu.
- Marvel at the stunning views of the Manaslu, Ganesh Himal, Langtang, and Gauri Shankar summits.
- Explore significant sites such as the Kamdhenu, Shivapuri Baba statue, Baghdwar, and Nagi monasteries.
- Delight in a blend of natural beauty and cultural exploration while enjoying magnificent mountain vistas.
- This moderate hike is perfect for a day of immersion in nature.
- Take a break from the city and reconnect with the tranquility of the outdoors.

IMPORTANT NOTES

- The Shivapuri hike is an excellent day trek near Kathmandu, renowned for its rich natural diversity.
- During this trek, you will be able to see the stunning mountain ranges of Ganesh Himal, Langtang, and Gauri Shanker.
- Situated within Shivapuri Nagarjun National Park, the Shivapuri hike requires permits for entry.
- Activities such as hunting, making fires, smoking, cooking, and disposing of non-biodegradable waste are prohibited in the park.

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- It is essential to carry sufficient water for the hike, ideally at least 2 liters, along with vegetarian snacks and a first aid kit.
- Be prepared for rain and cold weather; if you have knee issues, consider bringing a trekking pole and wear comfortable shoes.
- Expect to walk through the jungle, with ascents and descents lasting between 6 and 8 hours.
- If possible, collect any litter you encounter and inform fellow hikers about it.
- Sherpa Nomad Trek organizes hikes to Shivapuri every Saturday, promoting a cleaning initiative to preserve nature.
- Book your Shivapuri hike with Sherpa Nomad Trek for an authentic

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DETAILED ITINERARY

Day 1: Shivapuri Day Hiking in Kathmandu : 18km, 6-7 hours

A day hike to Shivapuri from Kathmandu offers a fantastic opportunity to immerse yourself in the natural beauty, away from the busy life of the city. You will be picked up from your hotel in the Thamel area and taken to Pani Muhan, the starting point for the hike to Shivapuri Peak, located within Shivapuri National Park. The trek begins in Budanilkantha, where you can see the largest reclining statue of Vishnu, the principal deity in Hinduism, revered as the protector of the universe, maintaining dharma and restoring cosmic balance. After a brief exploration, we will commence our hike after 20 minutes, arriving at Pani Muhan, the entrance to Shivapuri National Park. Before proceeding to Shivapuri Peak (2732m), you will need to obtain the national park permits and show your bag to the army personnel. Certain items such as knives, lighters, plastics, and non-vegetarian food are prohibited inside the national park; if any of these items are found, they will be safely stored and returned to you upon your return. Cross the spring and begin your ascent to Shivapuri Peak (2732m) with a professional local guide, allowing you to experience the rich flora and fauna of the park. Enjoy walking through the jungle, breathing in the fresh air, and relishing the soothing sounds of nature. The trail is steep, but each step is invigorating and motivating. The ascent takes about 2-3 hours, and as you approach the peak, you will be rewarded with stunning views of the Ganesh Himal, Langtang, and Gauri Shankar ranges. Just below Shivapuri Peak, you can see Kamdhenu, the holy cow, and on one side, you can climb a rock to enjoy views of the mountains, Kathmandu Valley, and the shrine of Lord Shiva. After a 5-minute hike, you will finally reach Shivapuri Peak, where you will find a small flat area and a statue of Shivapuri Baba, who dedicated his life to meditation. The descent will take you through Bagdwar, Nagi Gompa, Tare Bhir, and Kapan before returning to Kathmandu.

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PRICE INCLUDES

- Pick up from the hotel by Car
- After the trip, you will be dropped off at your hotel
- Packing Lunch and Snacks
- Gov tax
- Shivapuri National Park Fees
- A professional Hiking guide
- Guide Salary, meals, insurance, and transportation
- Drinking water

PRICE EXCLUDES

- Accommodation in Kathmandu
- Nepal visa fees
- Extra meals & Drinks
- Tips for guide and diver

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EQUIPMENT & GEAR

- Hiking shoes or trekking boots
- Comfortable hiking clothes
- Light fleece or jacket
- Rain jacket or poncho
- Daypack (20–25L)
- 1.5–2L water
- Snacks or packed lunch
- Sun hat and sunglasses
- Sunscreen and lip balm
- Personal medications
- Basic first-aid kit
- Trekking poles (optional)
- Camera or smartphone
- Power bank (optional)
- Binoculars

ADDITIONAL INFORMATION

Shivapuri Hiking is an exhilarating one-day trek from Kathmandu, often referred to as a jungle walk, offering stunning mountain views amidst the tranquility of nature, accompanied by its soothing sounds. Immerse yourself in this peaceful environment to refresh from the chaos of daily life. After extensive experience with Sherpa Nomad Trek Pvt. Ltd., we have crafted this Shivapuri Hiking

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package, ensuring excellent service at a reasonable price. You will receive comprehensive information about the hike, which is essential to know before embarking on your journey. Here is a guide to the Shivapuri Hike that provides detailed information about the hike, including costs, permits, itinerary, trail conditions, and the best times to visit, among other details.

Shivapuri Nagarjun National Park and its rich Flora and Fauna

Established in 2002, Shivapuri Nagarjun is the ninth National Park in Nepal, encompassing an area of 259 square kilometers. The park's elevation ranges from 1350 meters to 2732 meters and is positioned in the mid-hills on the northern edge of the Kathmandu Valley, named after the Shivapuri and Nagarjuna peaks.

The national park is characterized by dense forests of Oak, Rhododendron, and Himalayan subtropical broadleaf forests, situated within the lower and upper subtropical bioclimatic zones, which are primarily dominated by Schima-Castanopsis associations. Additionally, chir pine stands are found on the southern dry ridges, while associations of alder, wild Himalayan cherry, Engelhardia, and ring-cupped oak thrive along the streams. In the lower temperate bioclimatic zone, Eastern Himalayan broadleaf forests predominantly feature broadleaf evergreen species from the oak and laurel families, interspersed with rhododendron on the northern slopes. At higher elevations, a diverse array of medicinal herbs flourishes. Botanists have documented 129 species of mushrooms and 2,122 floral species, of which 449 are vascular and 16 are endemic plants.

A field study conducted from July 2003 to July 2004 identified various species including the Indian leopard, jungle cat, large Indian civet, golden jackal, Himalayan black bear, yellow-throated marten, small Indian mongoose, Himalayan goral, Indian muntjac, wild boar, rhesus monkey, Hanuman langur, Chinese pangolin, Indian crested porcupine, Royle's pika, Indian hare, orange-bellied Himalayan squirrel, fawn-colored mouse, Hodgson's brown-toothed shrew, and black rat. In 2010, camera traps captured images of the clouded leopard, leopard cat, masked palm civet, crab-eating mongoose, Indian pangolin, rhesus macaque, and yellow-throated marten. In the western region of the park, herpetologists discovered the monocled cobra, Himalayan keelback, olive Oriental slender

snake, yellow-bellied worm-eating snake, variegated mountain lizard, Oriental garden lizard, many-keeled grass skink, Sikkim skink, black-spined toad, long-legged cricket frog, and horned frog during the summer of 2009.

Ornithologists recorded a total of 318 bird species, including the Eurasian eagle-owl, slender-billed scimitar-babbler, white-gorgeted flycatcher, barred cuckoo-dove, and golden-throated barbet. The Shivapuri hike presents an opportunity to experience the rich flora and fauna, as well as the diverse biodiversity of the area. It is also renowned for its birdwatching tours.

Shivapuri Hike distance and difficulty

The Shivapuri hike spans approximately 15 to 20 km, depending on your starting and ending points. If you begin at Pani Muhan and conclude at Kapan Monastery, the total distance is about 20 km, making it ideal for a full-day hike immersed in breathtaking natural beauty and cultural diversity. This journey typically takes around 7 to 8 hours. For those with limited time, summiting Shivapuri Peak and returning to Pani Muhan via the same route covers about 10 to 15 km and takes roughly 5 hours. The hike is moderately challenging due to an elevation gain of around 1400 m, with the same elevation to descend. The trail features a steady ascent and descent, requiring a reasonable level of fitness. It is suitable for both novice and experienced travelers looking to escape into Nagarjuna National Park. Acute Mountain Sickness (AMS) is not a concern due to the lower elevation, making it a motivating and refreshing experience. The Shivapuri hike is accessible to individuals aged 15 to 70, provided they possess reasonable fitness levels.

Shivapuri Hike requires permits and costs.

The Shivapuri hike is situated within Shivapuri National Park, showcasing rich biodiversity along with breathtaking mountain views, gentle streams, calming sounds, and a tranquil atmosphere that allows you to savor joyful moments. Shivapuri Peak, which rises to 2732 meters, is the second-highest in Kathmandu, following Phulchowki Peak (2762m). However, the mountain views, natural diversity, and stunning surroundings of the Shivapuri Peak route make it the best hiking destination in Kathmandu. To explore Shivapuri National Park, a permit is required based on nationality; the

fees collected are used to maintain the trails and conserve the natural environment, including its flora and fauna. The fees vary according to nationality as follows:

- Foreigners: NPR 1,000 per person per entry.
- SAARC Citizens: NPR 600 per person per entry.
- Nepali Citizens: NPR 100 per person per entry.
- Children (Under 10): Free.

Shivapuri Birdwatching Tour Cost

Shivapuri Nagarjuna National Park is renowned for its bird-watching tours, making it a popular destination for bird enthusiasts. To enhance your experience, it is advisable to hire a birdwatching guide who can provide insights on how to spot various species and the optimal times for birdwatching. Exploring Shivapuri allows you to discover a wide variety of birds, as the national park is home to over 300 different species. The Shivapuri bird-watching tour is a delightful nature activity located near Kathmandu, Nepal. Typically, the tour commences early in the morning, guiding visitors through the serene forests and trails of Shivapuri Nagarjun National Park. With the assistance of an experienced guide, participants can observe an array of stunning birds, including pheasants, woodpeckers, laughingthrushes, sunbirds, and eagles. Additionally, the tour provides fresh mountain air, picturesque views, and excellent opportunities for photography. A standard guided day tour is priced between US$90 and US$150 per person, depending on the size of the group. This fee includes transportation, a guide, park entry fees, and a packed lunch. For more information, please contact us at Sherpa Nomad Trek Pvt. Ltd and join us for the Shivapuri Nagarjuna bird-watching tour.

Shivapuri Hiking: Transportation and Cost

Shivapuri hiking, often referred to as the Shivapuri peak hike, begins at Pani Muhan, where you will find the army checkpoint and the entrance to the national park. To reach the starting point of the trek, you will need to drive for approximately 30 to 40 minutes from the Shper Nomad Trek Pvt. Ltd.

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office located in Thamel. Our package includes transportation by car to the trailhead, which costs between $10 and $20. Additionally, after the hike concludes and you return to your hotel near Thamel, the cost for this return trip will also be in the range of $10 to $20.

The Shivapuri hiking package includes lunch.

Indeed, our one-day hiking excursion to Shivapuri Peak encompasses not just 6 to 8 hours of trekking; we also take the time to savor the experience at our own rhythm, venturing deep into the jungle. We will find a pleasant spot to pause for lunch, akin to a picnic. Our package provides a packed lunch for the day hike, allowing you to relish your meal in a beautiful setting. The lunch will consist of fruit, juice, and either a burger or a sandwich.

Shivapuri Hiking Guide and Cost

The Shivapuri day hiking package includes a professional local trekking and hiking guide. This package covers the guide's salary, meals, insurance, and gear. The cost for the guide is approximately $30 for the day. If you are solely in need of a hiking guide, we offer guides for hire. Please ensure that your guide delivers an exceptional experience during your day hike to Shivapuri Peak.

Best Time for Shivapuri Hike

The Shivapuri hike can be undertaken throughout the year; however, the most favorable times for this trek are when visibility is at its best and the experience is pleasant. The optimal seasons for hiking to Shivapuri Peak are autumn (September to November) and spring (March to May). During these peak times, you can expect breathtaking views, stable weather conditions, and enchanting landscapes. Winter (December to February) is also an option, but it may come with challenges such as reduced visibility and the possibility of not being able to see the mountains due to adverse weather. The rainy season (June to August) is another period to consider, but be prepared for rain, slippery trails, and cloudiness. Overall, while you can participate in the Shivapuri hike at any time, for the best experience, it is recommended to choose the autumn and spring seasons.

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Why choose Sherpa Nomad Trek Pvt. Ltd?

The Shivapuri hiking day tour is regarded as an accessible hiking route that can be completed in a single day, making it ideal for both beginners and experienced trekkers looking to enjoy trekking and hiking in Kathmandu. Sherpa Nomad Trek Pvt. Ltd stands out as a premier organizer, expertly managing trips to ensure authenticity while providing professional local guides. We handle permits and offer competitive pricing. We have successfully organized trips for both solo travelers and large groups with precision. For flexibility, responsibility, expert guidance, and exceptional customer service, you are welcome to join our agency and experience the finest service and impeccable hospitality.

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FREQUENTLY ASKED QUESTIONS

1. What is the Shivapuri Hiking?

Shivapuri Hiking is a renowned day hiking trail in Kathmandu, located on the northern side of the hill within Shivapuri Nagarjuna National Park. It represents the best natural exploration opportunity in Kathmandu, recognized for its beautiful forests, serene environment, fresh air, and breathtaking mountain views. The hike generally commences from areas such as Budhanilkantha and traverses through lush forests and hills. Hikers can relish views of the Kathmandu Valley and, on clear days, the Himalayan ranges. Shivapuri is also home to a variety of bird species, plants, and wildlife. The duration of the hike can vary depending on the route taken. It is a fantastic destination for nature lovers, adventure seekers, and individuals looking for a refreshing getaway from the city. If you are seeking an exciting hike, be sure not to miss the Shivapuri hike.

2. How long does it take to complete the Shivapuri hike?

The Shivapuri Peak Trek typically requires between 5 and 7 hours to finish, influenced by factors such as the starting location, chosen route, walking pace, and the frequency of rest breaks. This trek usually commences at Budhanilkantha and meanders through the stunning forests of Shivapuri Nagarjun National Park. The path features steep and demanding sections, with numerous stone steps leading up to Shivapuri Peak, which is approximately 2,732 meters above sea level. Hikers generally allocate about 2–3 hours to reach the summit and another 2–3 hours for the descent. This trek is appropriate for individuals with moderate fitness levels and provides serene forests, refreshing mountain air, diverse wildlife, and breathtaking views of the Kathmandu Valley and the Himalayan range on clear days.

3. What mountains are visible from Shivapuri Peak?

Shivapuri hiking is celebrated for its opportunities for natural exploration and birdwatching, and is also well-regarded for the chance to see the magnificent Himalayan ranges. Hikers at Shivapuri Peak can relish stunning views of numerous Himalayan mountains on clear days. Some of the key peaks that can be observed from this area include Langtang Lirung, Ganesh Himal, Manaslu, Dorje Lakpa, and Gaurishankar. The hills and valleys that surround the area create a breathtaking landscape, making the viewpoint especially appealing to nature lovers and photographers alike. The specific mountains that can be seen may vary depending on the weather, season, and visibility conditions. During the monsoon or on overcast days, the views of the mountains may be limited. The best times to appreciate clear views of the Himalayas are generally in autumn and spring, when the skies are often clearer and the conditions are more favorable for mountain viewing.

4. What is the Highest elevation of the Shivapuri Hike?

A major highlight of the Shivapuri hike is the climb to Shivapuri Peak, which stands at an elevation of 2732 meters, the highest point of the trek. This peak is deemed the second highest in the Kathmandu Valley and is regarded as the best viewpoint for the majestic Himalayas and the lush green valley. The hike features a steady and at times steep ascent through picturesque forests, offering hikers fresh air, tranquil surroundings, and breathtaking views. From the summit, visitors can take in panoramic views of the Kathmandu Valley and, on clear days, several Himalayan ranges. Attaining the summit requires moderate physical fitness, but the stunning mountain scenery and natural beauty make Shivapuri Peak a sought-after hiking destination for both local and international visitors.

5. Can I do the Shivapuri hike as a beginner?

Yes, beginners are able to undertake the Shivapuri hike, as long as they possess a reasonable level of fitness and prepare adequately. The trail presents a moderate challenge, featuring steep sections

and numerous stone steps, which necessitates consistent walking and a degree of endurance. First-time hikers should aim to start their journey early, bring sufficient water and snacks, wear comfortable hiking footwear, and take regular breaks. Maintaining a comfortable pace is preferable to hurrying through the hike. It is strongly advised to hike with a guide or an experienced companion if you are not familiar with the route. The effort is well rewarded with tranquil forests, fresh air, breathtaking landscapes, and magnificent views of the Himalayas from Shivapuri Peak.

6. What is the recommended age for the Shivapuri hike?

The Shivapuri hike is generally suitable for children, teenagers, adults, and active older adults, depending on their fitness level and hiking experience. There is no strict age limit, but the trail includes steep sections, uneven paths, and many stone steps, which can be challenging for very young children and elderly hikers. Children should hike with responsible adults, while older hikers should consider their physical condition and take regular breaks. For first-time hikers, a moderate pace and proper preparation are important. Comfortable hiking shoes, water, snacks, and weather-appropriate clothing are recommended. Overall, the hike is best suited to people who can comfortably walk for several hours and like to soak in the peaceful moments and adventure.

7. How early or how late can we book the Shivapuri hike?

You can reserve the Shivapuri hike up to a year in advance of your intended trip, allowing ample time to arrange your schedule and prepare for the adventure. For those who like to plan closer to the hiking date, reservations are accepted until just one day prior to the start of the trip. This means that the latest you can secure a spot for the Shivapuri hike is one day ahead of time. We advise making your booking as early as possible, particularly during peak seasons, weekends, and holidays, as availability may be restricted. Additionally, booking early provides greater flexibility in selecting your desired date, guide, and hiking logistics.

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8. How many people can join the Shivapuri hike in one group?

The Shivapuri hike is ideal for a range of travelers, whether you are exploring solo or in a group. You can participate in the hike with Sherpa Nomad Trek Pvt. LTD. as an individual, alongside a small circle of friends or family, or as part of a larger gathering. The group size can be customized based on your preferences and needs. Solo hikers can appreciate a more personal and flexible experience, while small and large groups can embark on the adventure together. For larger groups, it is suggested to make an early reservation to facilitate the organization of transportation, guides, and other necessary arrangements for all participants.

9. How do I confirm my Shivapuri hiking trip?

To finalize your Shivapuri hiking trip with Sherpa Nomad Trek Pvt. Ltd., the procedure is straightforward and user-friendly. Begin by clicking the "Book Now" button and filling in the necessary booking information. To confirm your reservation, a 10% advance payment is required via bank transfer. Additionally, please send us a clear copy of your passport for the official documentation and required arrangements. After we receive both the advance payment and the passport copy, we will proceed with your booking and confirm your Shivapuri hike. We advise completing these steps as soon as possible to ensure you secure your desired hiking date and arrangements.

10. Do I need permit for Shivapuri Hike?

Yes, the Shivapuri hike requires mandatory permits for all individuals. The permit fees vary according to nationality. For Nepali citizens, the cost is Rs 100 per person. Travelers from SAARC nations can enter by paying Rs 600, while foreigners are generally charged Rs 1,000 per person.

11. What are the short treks available near Kathmandu?

There are numerous trekking options from Kathmandu, with the closest being the **Chisapani Nagarkot Trek**, **Langtang Valley Trek**, **Tamang Heritage Trek**, **Gosaikunda Trek**, and **Pikey Peak Trek**, among others. Select your preferred trekking route to explore the breathtaking landscapes of Nepal and uncover its remarkable natural and cultural heritage.

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