Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

Short Ghorepani Poon Hill Trek - 3 Days

SHORT GHOREPANI POON HILL TREK: SCENIC & SHORT TREK IN NEPAL

The **Short Ghorepani Trek** offers a condensed itinerary of the **Ghorepani Poon Hill Trek**, designed for those who wish to immerse themselves in the stunning natural beauty and cultural richness within a 3-day journey that begins and concludes in Pokhara. This trek is considered one of the best short treks in Nepal, alongside the **Chisapani Nagarkot Trek**, **Helambu Trek**, and the **Short Mardi Himal Trek**. If you are an enthusiastic trekker with limited time for an extensive journey into the Himalayas, there's no need to worry. Sherpa Nomad Trek Pvt. Ltd. offers a 3-day Annapurna Trek that encompasses the lower regions of the Annapurna, which can be completed within a 3-day round trip from Pokhara to Pokhara. This trek is also referred to as the Short Ghorepani Poon Hill Trek. The 3-day Ghorepani Poon Hill Trek provides a chance to immerse yourself in the stunning natural diversity and experience the rich local culture of the villages. The Ghorepani Poon Hill trek stands out as one of the most popular short treks in Nepal, accommodating three distinct seasons: Autumn, Spring, and Winter. This package caters to those who have limited time to discover the Himalayan landscape of Nepal while still eager to connect with nature and witness the magnificent array of soaring mountains. This aspiration can be fulfilled through a brief yet picturesque journey to Ghorepani and Poon Hill. Furthermore, the trek takes you through Tadapani and Ghandruk villages before wrapping up in Pokhara. It is a trek of moderate difficulty, making it suitable for both novice and seasoned trekkers who maintain a reasonable level of fitness. Each day, trekkers should expect to walk around 6-7 hours, involving both ascents and descents. The trek's highlights include cultural immersion, breathtaking mountain views at sunrise and sunset from Poon Hill, and the rich cultural experiences offered by the Gurung and Magar villages. The trek also allows for the exploration of diverse flora and fauna, along with a tranquil natural experience. Reserve your spot for this 3-day scenic and short Annapurna Trek to enjoy the Nepali tea house

trek, along with the stunning natural beauty, rich culture, and warm hospitality that Nepal is known for.

COST OF THE SHORT GHOREPANI POON HILL TREK

The cost for the Short Ghorepani Poon Hill trek starts at USD 200 to 300 per person, depending on the group size, with Sherpa Nomad Trek. We offer the best and most comfortable package, which includes complimentary hot showers, Wi-Fi, a professional guide, private transportation, mountain meals, accommodation, fruits, snacks, energy bars, and three cups of tea or coffee each day. All logistical arrangements, including permits and accommodation, are taken care of. The price for the Short Ghorepani Poon Hill trek can vary based on group size, duration, services, and package options. You can join us at Sherpa Nomad Trek Pvt. Ltd., the premier local company providing exceptional packages. Whether you are a solo traveler, part of a small group, or a larger group, you will find that costs are lower when traveling in a group compared to solo or small group arrangements. The pricing for the Short Ghorepani Poon Hill trek is as follows

- For single trekkers, the cost is USD 300.
- For groups of 2-6 people, the cost is USD 250 per person.
- For groups of 7-10 people, the cost is USD 200 per person.

SHORT GHOREPANI POON HILL TREK HIGHLIGHTS

- Pokhara presents breathtaking mountains and lakes that inspire you to delve deeper into the natural splendor.
- Experience the mesmerizing waterfalls, verdant valleys, and the delightful Gurung and Magar villages.
- Immerse yourself in the local culture while surrounded by pristine natural and cultural beauty.
- Enjoy spectacular mountain vistas from renowned viewpoints.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

- Witness the Annapurna and Dhaulagiri ranges during the enchanting moments of sunrise and sunset.
- Explore the diverse flora and fauna within the Annapurna Conservation Area.
- Marvel at the sunrise and sunset views from Poon Hill, overlooking a stunning lineup of over 25 peaks.
- Take in the magnificent mountain scenery from Tadapani and Ghandruk villages.
- Appreciate the traditional arts, history, and culture alongside breathtaking mountain views in Ghandruk village.
- This trek is an excellent short adventure that can be enjoyed in three different seasons (Autumn, Spring & Winter).
- If you're seeking a brief trek, the 3-day Ghorepani Poon Hill trek is an excellent choice.
- Experience the delightful cultures of the Gurung and Magar communities and immerse yourself in their local traditions.
- This trek is ideal for families with children, accommodates all fitness levels, and has a lower risk of altitude sickness.

IMPORTANT NOTES

- The Short Ghorepani Poon Hill Trek begins and concludes in Pokhara.
- Meet your guide in Pokhara one day prior to the start of the trip.
- Depart from Pokhara at 7:30 AM and drive for two hours to Hile.
- The trail from Tikhedhunga to Ulleri is steep and features 3,200 stone steps.
- Ulleri is a picturesque town inhabited by the Magar community.
- The trek from Ulleri to Ghorepani is an easier route that winds through dense forests.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

- You will walk through impressive rhododendron and oak forests, especially beautiful in spring.
- The Ghorepani Poon Hill Trek can still be enjoyed during the winter season.
- Ghorepani translates to 'horse water,' serving as a resting place during the salt trade.
- Poon Hill offers the best views of the mountains and sunrise in the Annapurna region.
- Trekking to Tadapani and Ghandruk takes you through rhododendron forests.
- Ghandruk is the largest Gurung village, showcasing Gurung culture and mountain life.
- The Ghorepani Poon Hill Trek can be combined with the Annapurna Base Camp trek, Mardi Himal, Khopra Danda, and Mohare Danda treks.
- Each morning, you can start your trek at 7:30 AM and arrive at your destination by 3-4 PM.
- Consider Sherpa Nomad Trek Pvt. Ltd. for the best service at reasonable prices.
- Poon Hill is the highest point of the Ghorepani Poon Hill trek, reaching an elevation of 3200 meters, and provides stunning views of the mountains and valleys.
- This trek is renowned for being one of the most popular and accessible treks starting from Pokhara.
- The Ghorepani Poon Hill trek is ideal for beginners and families with children.
- Experience the enchanting villages, majestic mountains, and lush green valleys along the way.
- This trek offers a perfect blend of natural beauty and cultural experiences, making it a must-visit.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

DETAILED ITINERARY

Day 1: Drive from Pokhara to Ulleri by Jeep and Trek to Ghorepani (2868m):6 hours

Thank you very much for placing your trust in us and booking your three incredible treks with Shera Nomad Trek Pvt. Ltd. We assure you that we will do our utmost to fulfill your adventurous desires. After breakfast, our guide will arrive at your hotel for pickup around 7:30 AM. Following breakfast, you will board the jeep and head to Ulleri village, enjoying the stunning views of the mountains, charming villages, and beautiful landscapes along the way. Once we reach Birethanti, we will need to pause for permit entry and then continue along the Modi Khola River, heading towards the Upper Villages, which is an ancient Ulleri village known for its unique culture and hospitality. We will stop for lunch here, and after our meal, we will begin our trek to Ghorepani via Banthanti and Nangge Thati, traversing through rhododendron and oak forests. This trek is particularly beautiful in spring when the flowers bloom, and in autumn, it offers dense forests, streams, and waterfalls. The trek takes approximately four hours to reach Ghorepani, which is renowned for its cultural richness and breathtaking mountain views. This stunning Gurung village provides warm hospitality and the best views of the Annapurna and Dhaulagiri ranges. The name Ghorepani translates to 'horse water'; historically, this trail was used for salt routes, and at that time, water was supplied with the help of horses, which is how this place got its name. We will spend our first night in this beautiful village, experiencing the local culture.

Day 2: Sunrise Hike to Poon Hill (3210m) and Trek to Tadapani (2650m): 7 hours

Rise early in the morning to experience the breathtaking sunrise from Poon Hill (3210m), the highest point of the short Ghorepani Poon Hill trek. It takes about an hour to reach Poon Hill from Ghorepani. This location is renowned as the premier viewpoint of the Annapurna trek, where you

can observe over 25 distinct peaks, including Dhaulagiri (8167m), one of the seven highest mountains in the world, and the Annapurna range, home to Annapurna I (8091m), the tenth highest mountain. You will be able to see Machhapuchhre, Nilgiri, Mardi Himal, Annapurna South, Hiunchuli, Annapurna I, Dhaulagiri I, and others illuminated by the first rays of the sun. After capturing stunning photographs of the magnificent scenery, trek back to Ghorepani for breakfast. Following breakfast, continue your trek to Thapa La, where this journey presents the best views of the mountains and the dense rhododendron forest, which appears stunning and tranquil. Next, trek to Deurali, then descend to Banthanti, followed by another descent to Powerhouse, and finally ascend to Tadapani (2650m) after crossing the stream. This journey offers spectacular views of mountains, waterfalls, streams, and lush green forests. The village of Tadapani, inhabited by the Gurung community, provides excellent views of the mountains and a rich cultural experience.

Day 3: Trek from Tadapani to Ghandruk and drive to Pokhara: 6 hours

Today marks the final day of the three-day Ghorepani Poon Hill trek. Wake up to stunning views, soothing sounds, and majestic mountain scenery. Prepare yourself for breakfast. Enjoy a warm meal before getting your backpack ready to continue your journey to Ghandruk village via Bhaisi Kharka. This journey offers a peaceful trail with fewer trekkers and large forests. Once you reach Bhaisi Kharka, the trail descends steeply. Although the views may not be spectacular, the tranquility and peacefulness of the trail, where you may encounter birds and monkeys, make it worthwhile. After a 3-4 hour trek, you will arrive at Ghandruk village. The name Ghandruk is derived from the large forest, but it is also an ancient Gurung village where you can witness stunning ancient buildings and breathtaking mountain views, including Fish Tail, Annapurna III, Annapurna South, Hiunchuli, and other towering snow-capped peaks. Take a moment to appreciate the scenery and enjoy lunch here. After lunch, a short trek will lead you to a car or jeep that will take you back to Pokhara, concluding your trek. The jeep ride also offers beautiful views of the villages, terraced fields, river valleys, and landscapes.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

PRICE INCLUDES

- Pokhara to Ulleri by Private Jeep
- All the logistical arrangements
- 2 nights Mountain Accommodation in a private Room at the best lodge
- Mountain Meals (Breakfast, Lunch, & Dinner)
- A professional English-speaking local guide
- Fresh Organic fruit, nuts, and energy bars every day on the Trek
- Wifi, Hot shower, and charging facility
- 3 Cups of Tea or Coffee every day during the trek.
- Requires permits (TIMS & ACAP Fees)
- Gov Tax and Official Fees.
- Drive back from Syauli Bazar to Pokhara by Car, jeep, or Minibus as per the Group size
- Trekking gear like a sleeping bag, map, and a duffel bag
- Farewell Dinner in Kathmandu or Pokhara

PRICE EXCLUDES

- Nepal Visa Fees (15 Days -30$ P/P, 30 Days -50$ P/P)
- Travel Insurance
- Drinks like (Drinking Water, Soft and Hard Drinks, and extra Tea or Coffee)
- Hotel in Kathmandu and Pokhara: 20-150 per night's Room Available
- Kathmandu- Pokhara by Tourist Bus: 10$ P/P

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

- Kathmandu - Pokhara by Plane: 120$ P/P
- Kathmandu - Pokhara by Private Car: 120$ for 1-3 Pax
- Trekking Gears
- Pokhara to Chitwan by tourist bus: 10$ per person
- Chitwan safari Tour: 2 nights/3 days at USD170 per person
- Tips for the Driver & Guide
- Chitwan to Kathmandu by Tourist Bus: 10$ P/P
- Paragliding in Pokhara: 80$ P/P
- Trishuli River Rafting: 60$ per person

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

EQUIPMENT & GEAR

Clothing

- 2–3 quick-dry trekking T-shirts
- 1 fleece jacket
- 1 lightweight down jacket
- Waterproof/windproof rain jacket
- 2 trekking pants
- Thermal base layer (top and bottom)
- 2–3 pairs of trekking socks
- Underwear
- Warm beanie
- Sun hat or cap
- Lightweight gloves
- Buff or neck gaiter

Footwear

- Broken-in hiking boots or trail shoes
- Camp sandals or flip-flops

Backpack & Gear

- 20–30 L daypack
- Rain cover
- Trekking poles

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

- Headlamp with spare batterie
- 1–2 L water bottles or hydration bladder
- Water purification tablets or filter
- Power bank
- Sunglasses
- Sunscreen (SPF 30+)
- Lip balm
- Camera (optional)

Personal Items

- Personal medications
- Small first-aid kit
- Hand sanitizer
- Wet wipes
- Toothbrush and toothpaste
- Quick-dry towel
- Toilet paper

Documents & Money

- Passport
- Required trekking permits
- Travel insurance
- Cash (Nepali Rupees)

Optional

- Sleeping bag (can be rented in Pokhara)
- Gaiters (useful during monsoon or snowy conditions)
- Dry bags for electronics and clothing
- Snacks (energy bars, nuts)

ADDITIONAL INFORMATION

BOOKING PROCESS AND POLICY

How to Book the Ghorepani Poon Hill Trek?

The 3-day Ghorepani Poon Hill trek stands as one of the most exceptional short and scenic trekking experiences in the Annapurna region. This 3-day journey offers comprehensive exposure to the cultural and natural diversity that characterizes the Annapurna area. You will encounter outstanding panoramic vistas of snow-capped peaks and verdant valleys throughout your expedition. If you seek a brief yet exhilarating adventure in the Annapurna region, consider joining Sherpa Nomad Trek Pvt. Ltd., where you will receive exceptional service, outstanding hospitality, attentive care, and expert guidance from seasoned professionals. To arrange your trek booking, you can reach out through the official website, contact us via WhatsApp at +977-9851433082, or send an email to info@sherpanomadtrek.com.

What is required for booking confirmation?

A booking confirmation requires a 10% non-refundable deposit and a copy of your passport for official documentation purposes. Trekking represents a highly sensitive undertaking, and our guides have limited availability. Once we receive booking confirmation, we immediately begin coordinating arrangements for your guide, accommodation, and transportation. Cancellations significantly impact our entire frontline staff and relationships with local partners. To maintain trust, we work with

careful attention and cultivate strong relationships with our local partners. Previously, we confirmed trips without requiring a deposit, which unfortunately resulted in numerous cancellations that damaged our reputation. Sherpa Nomad Trek Pvt. Ltd. is a well-established company that operates with integrity and maintains high standards of trustworthiness. We therefore require a minimum 10% deposit to secure genuine bookings and prevent fraudulent reservations.

What is the bank account number?

Sherpa Nomad Trek Pvt. Ltd. is the sister organization of Himalayan Trekking Path Pvt. Ltd. Currently, both companies operate using the same account. Sherpa Nomad Trek Pvt. Ltd. offers comfortable package options to our clients. Below are the banking details for advance payments.

USD Account Details:

- Account Holder: Himalayan Trekking Path Pvt. Ltd.
- Bank Name: Himalayan Bank Limited
- Account Number: 12008522230018
- Swift Code: HIMANPKA
- Bank Address: Hiti, Durbar, Kathmandu
- Postal Code: 44600
- Company Address: Thamel Marg, Thamel, Kathmandu

Nepalese Rupee Account Details:

- Account Holder: Himalayan Trekking Path Pvt. Ltd.
- Bank Name: Nepal Investment Mega Bank Limited
- Account Number: 13201050033848
- Swift Code: NIBLNPKT
- Bank Address: Bhagawati Marg, Thamel, Kathmandu

- Postal Code: 44600
- Company Address: Thamel Marg, Thamel, Kathmandu

Is there any problem with the bank transfer?

No, there should be no difficulty in sending the funds using the previously provided details. The recipient is the same entity, and you may continue using this account until alternative information becomes available. We operate as a unified team and utilize the same account for transferring funds. Once we separate, we will furnish you with different information. We would like to inform you that you can proceed with sending the money through this genuine platform.

Can I receive the receipt after payment?

Yes, after a successful transfer, please send us the voucher for official documentation and tax purposes. Once we receive your voucher, we will send you our company receipt immediately. When you arrive in Kathmandu, you can present it to us or retain it for your records. Sherpa Nomad Trek Pvt. Ltd. manages this payment process after the transaction is completed.

Cancellation Policy of Ghorepani Poon Hill Trek

- 10% Deposit: The initial 10% deposit is non-refundable, as it covers hotel bookings, guide and porter arrangements, transportation, permits, and other official preparations.
- Cancellation More Than 30 Days Before Departure: If you cancel more than 30 days before departure, you will be charged 30% of the total trip cost.
- Cancellation 20 Days Before Departure: If you cancel 20 days before departure, 40% of the total trip cost will be charged.
- Cancellation 10 Days Before Departure: If you cancel 10 days before departure, 60% of the total trip cost will be charged.
- Cancellation One Day Before Departure: If you cancel one day before the trip starts, 100% of the total trip cost will be charged.

- Leaving the Trip Early: Once the trip has started, if you decide to return early or shorten the trip from the original itinerary, no refund will be provided.
- Weather or Health Problems: If weather conditions or health problems prevent you from completing the trip, a partial refund may be possible for unused meals and accommodation. However, staff salaries, permits, transportation arrangements, and other official or committed expenses are non-refundable.
- Unable to Join the Trip: If unforeseen circumstances prevent you from joining the trip, we may offer the option to reschedule the trip for a future date, subject to availability. However, a cash refund will not be provided.
- Why This Policy Exists: Trekking and adventure activities are different from ordinary holidays and cannot always be cancelled at the last minute. We must make advance arrangements with hotels, guides, porters, transportation providers, government fees, and other partners. We take these commitments seriously and expect our clients to do the same.
- Our Commitment: This cancellation policy is based on our years of experience in the trekking and adventure industry. It helps us avoid artificial or uncertain bookings, protect our relationships with our partners, and ensure that every confirmed booking is a genuine commitment.

WOULD YOU BE INTERESTED IN ADDING OTHER ACTIVITIES?

The Sherpa Nomad Trek stands as the premier local trekking and adventure company, offering a comprehensive range of outdoor activities at highly competitive rates. Should you wish to explore other available activities, we encourage you to reach out to our team. Some of our featured activities include the following:

Book Your Chitwan Safari Tour: 2 Nights / 3 Days at USD 190 Per Person

Are you interested in wildlife and exploring South Asia's premier jungle activities? If so, do not miss the opportunity to join our Chitwan Safari Tour. This 2-night, 3-day package includes comprehensive

group transportation via tourist bus, accommodation for 2 nights, and full board meals (breakfast, lunch, and dinner). The itinerary features exciting jungle activities such as jeep safari, jungle walks, canoeing on the Rapti River, Tharu cultural experiences, sunset viewing, and bird watching tours. You can commence your journey from either Pokhara or Kathmandu, and upon completion of the tour, return to Kathmandu or Pokhara by tourist bus. The package encompasses an experienced nature guide and all national park fees.

Would you be interested in booking a paragliding experience in Pokhara?

If you are seeking some of the most exhilarating activities available in Pokhara, we encourage you not to overlook the opportunity to soar through the sky on an aerial adventure over the Pokhara Valley and adjacent mountain ranges. Our 25-minute paragliding excursion is priced at USD 70 per person and includes hotel pickup and drop-off service, as well as professional photography and videography. If you are interested in our services, please contact us with your inquiry along with your Ghorepani Poon Hill trek booking.

Reserve Your Annapurna Base Camp Helicopter Tour: USD 700 per person

If you are currently in Pokhara and wish to access the Annapurna Himalayan region within a minimal timeframe, consider booking the Annapurna Base Camp Helicopter Tour. This approximately 2-hour excursion transports you to Annapurna Base Camp at 4,130 meters elevation, offering spectacular views of the region's most prominent peaks, including Annapurna I (8,091 m), Fishtail (6,994 m), Annapurna South (7,219 m), Hiuchuli (6,442 m), and additional surrounding summits. You will have 10 to 20 minutes to capture memorable photographs before returning to Pokhara. The package price encompasses hotel and airport transfers along with shared helicopter transportation. For those seeking the premier mountain flight experience in Pokhara, this helicopter tour represents an exceptional choice.

White River Rafting in Pokhara at USD 60 per Person

Pokhara serves as a premier destination for adventure enthusiasts, offering a diverse range of activities including hiking, sunrise excursions to Sarangkot, helicopter tours, paragliding, bungee jumping, and white water rafting. For those interested in white water rafting, the Seti River rafting experience presents an excellent option. This compact yet visually stunning and exhilarating rafting adventure delivers an unforgettable journey. The package includes lunch, round-trip transportation, and all rafting activities.

COMPLETE INFORMATION ABOUT THE PACKAGE

Where can we stay during the Ghorepani Trek?

Our 3-day Ghorepani Poon Hill trek is a well-organized journey beneath the Annapurna Massif, commonly referred to as the Annapurna Panorama Trek. Throughout the trek, you will stay at local tea houses with basic amenities, comfortable rooms, attached bathrooms, and traditional décor. On the first night, you will stay in Ghorepani, and on the second night, you will lodge in Ghandruk Village. Camping is unnecessary because quality lodging is available, with hot showers, WiFi, and warm blankets.

What time do we begin the trek from Pokhara?

Typically, you will commence the trek shortly after breakfast, around 7:30 am. Our guide and jeep will arrive at your hotel to pick you up, allowing you to enjoy a scenic two-hour drive to Hile Village. The trek to Ghorepani begins from there, covering a distance of 12 km. However, the trail is quite steep and consists of stone-paved paths, which means the trek may take approximately 6 hours. The most challenging part is from Tikhedhunga, where you will need to cross suspension bridges and ascend steadily to Ulleri. While it is not overly difficult, you will need to navigate 3,200 stone steps. Starting early is always advisable for trekking, as it allows you to reach your destination on time, explore the area, engage with village life, and take in the surroundings.

When do we meet the Guide in Pokhara?

Your guide will meet you the day before your adventure starts. You can meet him at your hotel, where he will brief you on the itinerary and address any questions you may have. This early meeting lets you know the next morning's departure time, giving you ample time to prepare for your exciting adventure in the Annapurna region.

What meals are included in the package?

During the brief Ghorepai Poon Hill trek package, you will enjoy full board meals throughout your journey in the mountains. This package comprises 2 breakfasts, 3 lunches, and 2 dinners. Alongside dinner, you will receive 3 cups of hot beverages, such as tea or coffee. For your meals, you can select from the menus available. The options include local, Indian, Chinese, and continental dishes, catering to vegan, vegetarian, and non-vegetarian preferences.

Is a permit necessary for the Ghorepani Poon Hill Trek?

Yes, the Ghorepani Poon Hill trek is renowned as one of the most picturesque and short treks in the Annapurna region, situated within the Annapurna Conservation Area. This is why it requires both the Annapurna Conservation Area permit and a TIMS (Trekkers Information Management System) card. The Annapurna Conservation Area permit is essential for maintaining the trail and preserving the natural environment. Additionally, the TIMS card is required for safety and monitoring purposes during your trek. The cost for the conservation area permit is Rs 3000 per person, while the TIMS card costs Rs 2000 per person. Our package includes all necessary permits. To obtain these permits, each trekker must provide their passport and a passport-sized photo. Once your booking is confirmed, please do not hesitate to send a copy of your passport for processing the trip.

Does this package include hot showers and Wi-Fi?

Yes, this package provides complimentary Wi-Fi and hot showers. However, for beverages, you will need to pay for drinking water, as well as hot, soft, and alcoholic drinks. You can use spring water, but it must be filtered or treated before consumption. Additionally, you will require some local currency to purchase extra drinks and items of your choice.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

What time do we get back to Pokhara from the trek?

You will arrive back in Pokhara at approximately 3:00 PM on the final day of your trek. After completing the scenic trek from Tadapani to Ghandruk, you will have time to enjoy lunch and explore the beautiful traditional Gurung village of Ghandruk. You can discover its rich cultural heritage, visit the Gurung Museum, experience the local lifestyle, and admire the spectacular panoramic views of the Annapurna mountain range. After lunch and sightseeing, you will enjoy a walk of approximately 30 minutes to the jeep station, where your private or shared jeep will take you on a scenic 2-hour drive back to Pokhara. If you are planning to travel onward on the same day, this is possible. You can arrange a flight from Pokhara after 3:00 PM, although we recommend allowing some extra time for unexpected road delays. If you need assistance booking your flight or arranging onward travel from Pokhara, please feel free to contact us. We will be delighted to help make your Annapurna trekking experience smooth, comfortable, and memorable.

Do we have both a guide and a porter?

Your trekking package includes a professional, English-speaking local trekking guide who is trained by NATHM (Nepal Academy of Tourism and Hotel Management) and certified by the Government of Nepal. The guide’s salary, meals, accommodation, trekking equipment, transportation, and insurance are all included in the package cost, ensuring a safe, comfortable, and well-organized trekking experience.

For this short trek, hiring a porter is generally not necessary, as most trekkers can comfortably carry their own daypacks. Therefore, porter services are not included in the standard package. However, if you prefer extra assistance with carrying your luggage, you can hire a porter at an additional cost of USD 25 per day. One porter can be shared between two trekkers, making it a convenient and affordable option. The porter fee includes all porter-related expenses, so there are no additional charges.

Are tips mandatory for the guide and porter?

Tipping your trekking guide and porter is not compulsory, but it is highly appreciated and considered a meaningful way to show your gratitude for their hard work and dedication. Trekking staff in Nepal often depend on seasonal employment, and working in the mountains can be physically demanding and involves various challenges and risks. Throughout your Annapurna trekking adventure, your guide and porter work hard to ensure your safety, comfort, and overall experience in different weather conditions and mountain environments.

At the end of your trek, you are welcome to provide a tip according to your satisfaction, personal budget, and appreciation of their service. There is no fixed amount, so you can give whatever you feel is appropriate. Your generosity makes a real difference to local trekking families, helping support their children's education, healthcare, food, and daily living expenses. By tipping your trekking team, you are also contributing directly to the local community and responsible tourism in Nepal.

Do you offer any gear for the trek?

We provide complimentary sleeping bags and trekking maps to all our guests to make your trekking experience in Nepal more comfortable and convenient. You are welcome to bring your own sleeping bag if you already have one. However, if you do not have a sleeping bag or prefer not to carry one from home, please feel free to contact us. We will be happy to arrange suitable trekking equipment for your adventure.

Our goal is to ensure you have all the essential trekking gear for a comfortable, safe, and memorable trekking experience in the Annapurna region of Nepal. After completing your trek, please return all borrowed equipment, including sleeping bags and trekking maps, to our office or hand them over to your trekking guide.

Why choose Sherpa Nomad Trek Pvt. Ltd.?

Choosing Sherpa Nomad Trek Pvt. Ltd. means experiencing Nepal with a trusted local trekking company dedicated to providing safe, authentic, and memorable adventures. We specialize in

personalized trekking experiences across the Annapurna, Everest, and other beautiful Himalayan regions of Nepal. Our experienced, English-speaking local guides are professionally trained and government-certified, ensuring knowledgeable guidance, cultural insights, and safety throughout your journey.

We believe in personalized service, transparent pricing, flexible itineraries, and genuine Nepalese hospitality. From your first inquiry to the completion of your trek, our team is committed to making every step smooth and enjoyable. We also prioritize responsible tourism by supporting local communities, respecting cultural traditions, and creating meaningful opportunities for local trekking staff.

Whether you are planning a short trek or a challenging Himalayan adventure, Sherpa Nomad Trek Pvt. Ltd. is here to turn your Nepal trekking holiday into an unforgettable experience.

DETAILED INFORMATION ON THE GHOREPANI POON HILL TREK

Why Choose the Ghorepani Poon Hill Trek?

The Ghorepani Poon Hill Trek stands out as the premier trekking destination in Nepal. Renowned for being one of the most popular short, easy, and picturesque treks, it caters to individuals of all ages, fitness levels, families with children, and beginners. Our 3-day trek is an exceptional package for those seeking a brief adventure, offering breathtaking views of the Himalayas along with the cultural and natural diversity of the Annapurna region. It is often said that without the Ghorepani Poon Hill Trek, your Annapurna experience remains incomplete. This phrase underscores the trek's popularity and beauty. Explore the enchanting landscapes and witness the stunning Himalayan vistas during sunrise and sunset, while immersing yourself in nature away from the crowds and inhaling the refreshing Himalayan breeze. If you are in search of a short, easy, yet spectacular trek, the Ghorepani Trek is the ultimate destination.

How Difficult is the Ghorepani Poon Hill Trek?

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

The Ghorepani Poon Hill Trek is regarded as an easy to moderate trekking experience in Nepal, making it suitable for novices, families, and travelers with a decent level of fitness. Situated in the stunning Annapurna region, this trek entails walking around 4–6 hours each day through traditional villages, verdant forests, and picturesque mountain paths. The primary challenge lies in ascending the well-known stone staircases, particularly the steep climb from Tikhedhunga to Ulleri. To reach Poon Hill (3,210m), trekkers must also embark on an early morning uphill hike to witness the breathtaking sunrise over the Annapurna and Dhaulagiri mountain ranges. While no technical climbing abilities are necessary, it is advisable to have good physical fitness, wear comfortable hiking footwear, and prepare adequately. With a laid-back itinerary and frequent breaks, most beginners can successfully navigate this trek. In summary, the difficulty of the Ghorepani Poon Hill Trek is manageable, providing an unforgettable Himalayan adventure for first-time trekkers.

What is the best time for the Ghorepani Poon Hill Trek?

The optimal times for the Ghorepani Poon Hill Trek are during the spring months of March to May and the autumn months of September to November. These periods present favorable weather conditions, clear skies, and stunning mountain vistas, making them perfect for trekking in Nepal's Annapurna region. Spring (March–May): This season is ideal for experiencing the vibrant rhododendron forests, picturesque landscapes, and mild temperatures. The trails are particularly enchanting as flowers blanket the hillsides. Autumn (September–November): Autumn is regarded as the prime season for the Ghorepani Poon Hill Trek due to its consistent weather, unobstructed mountain views, and superb visibility of the Annapurna and Dhaulagiri ranges. While winter (December–February) is also an option, it can be quite chilly, with the possibility of snowfall. The monsoon season (June–August) is generally not recommended because of heavy rains, slippery paths, and obscured views. In summary, spring and autumn offer the most rewarding trekking experiences at Poon Hill.

What mountains can be seen from the Ghorepani Poon Hill Trek?

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

The Ghorepani Poon Hill Trek provides awe-inspiring panoramic vistas of some of the most remarkable Himalayan peaks in Nepal. From the renowned Poon Hill viewpoint (3,210m), trekkers can witness breathtaking sunrise views over the Annapurna and Dhaulagiri mountain ranges. Among the prominent mountains visible during the trek are:

- Annapurna I (8,091m): Recognized as one of the highest mountains globally.
- Dhaulagiri (8,167m): The seventh-highest mountain in the world.
- Machhapuchhre (6,993m): Commonly referred to as Fishtail Mountain, noted for its unique shape.
- Annapurna South (7,219m): An impressive peak within the Annapurna range.
- Hiunchuli (6,441m): A stunning Himalayan peak located near Annapurna South.
- Nilgiri (7,061m): A striking mountain found in the western Annapurna region.

The blend of snow-capped peaks, golden sunrise hues, and picturesque Himalayan scenery makes Poon Hill one of Nepal's premier trekking destinations for mountain views.

Can I do the Annapurna Base Camp Trek from the Ghorepani Poon Hill Trek?

Yes, you can merge the Ghorepani Poon Hill Trek with the Annapurna Base Camp (ABC) Trek to enjoy two of Nepal's most renowned trekking locations in a single expedition. This combined trekking path showcases stunning Himalayan landscapes, traditional Gurung settlements, picturesque rhododendron forests, and awe-inspiring mountain vistas. After experiencing the iconic Poon Hill viewpoint (3,210m) for a breathtaking sunrise, you can proceed to Tadapani, Chhomrong, and Deurali before arriving at Annapurna Base Camp (4,130m). The combined Ghorepani Poon Hill and Annapurna Base Camp Trek typically spans about 10 to 12 days, depending on your itinerary, pace of walking, and starting location. While this combined trek is more challenging than the standard Poon Hill Trek, it's a great option for adventure enthusiasts looking for an extended Himalayan journey. Good physical fitness, proper acclimatization, and adequate trekking preparation are crucial for a safe and enjoyable experience.

What is the alternative trek to the Ghorepani Poon Hill Trek?

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

If you are seeking alternatives to the Ghorepani Poon Hill Trek, Nepal presents numerous stunning trekking routes that feature breathtaking Himalayan vistas, rich cultural experiences, and varied landscapes. Depending on your fitness level, time constraints, and adventure interests, you can select from a range of exciting options. The Mardi Himal Trek stands out as a remarkable alternative, providing incredible close-up views of Machhapuchhre and the Annapurna range. For those who crave adventure, the Annapurna Base Camp Trek offers an unforgettable experience amidst snow-capped peaks. Likewise, the Khopra Danda Trek boasts tranquil trails, sweeping mountain views, and a more serene atmosphere. Another excellent choice is the Mohare Danda Trek, which allows you to enjoy stunning sunrise views while immersing yourself in local village culture. For beginners with limited time, the Australian Camp Trek presents a brief yet fulfilling hiking experience close to Pokhara. In summary, these alternative treks offer fantastic opportunities to discover Nepal's natural beauty and Himalayan landscapes.

Can I do the Khopra Danda Trek with the Ghorepani Poon Hill Trek?

Yes, you can seamlessly merge the Khopra Danda Trek with the Ghorepani Poon Hill Trek for a more thrilling and fulfilling Himalayan adventure. Both trekking paths are situated in Nepal's stunning Annapurna region, showcasing breathtaking mountain vistas, traditional villages, and remarkable landscapes. After witnessing the awe-inspiring sunrise from Poon Hill (3,210m), you can proceed towards Swanta, Chistibung, and Khopra Danda (3,660m). The viewpoint at Khopra Ridge provides spectacular panoramic views of Annapurna South, Dhaulagiri, Nilgiri, and various other Himalayan summits. You may also enhance your journey with a trip to the picturesque Khayer Lake, depending on your schedule and the weather. The combined trek of Ghorepani Poon Hill and Khopra Danda typically spans about 8–12 days, influenced by your chosen route and walking speed. This trek is an outstanding option for those seeking to avoid crowds, immerse themselves in cultural experiences, and enjoy breathtaking Himalayan scenery. Good physical fitness is advisable.

Can I do the Mardi Himal Trek with the Ghorepani Poon Hill Trek?

Sherpa Nomad Trek

Thamel Marg, Kathmandu, Nepal

Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

Absolutely! You can merge the Mardi Himal Trek with the Ghorepani Poon Hill Trek for an unforgettable adventure in the stunning Annapurna region of Nepal. Both trekking paths provide awe-inspiring mountain vistas, charming villages, vibrant rhododendron forests, and rich cultural experiences. After witnessing the breathtaking sunrise from Poon Hill (3,210m), you can proceed to Tadapani and Landruk before connecting with the Mardi Himal trekking route. From that point, you will trek through Forest Camp, Low Camp, and High Camp, ultimately arriving at the Mardi Himal Viewpoint, where you will be greeted by stunning views of Machhapuchhre, Annapurna South, and Hiunchuli. The combined trek of Ghorepani Poon Hill and Mardi Himal typically spans about 10–12 days, depending on your planned itinerary and pace of walking. While this combined trek presents more challenges than the standard Poon Hill Trek, it serves as an excellent choice for adventure enthusiasts seeking varied landscapes, less crowded trails, and breathtaking Himalayan scenery.

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

FREQUENTLY ASKED QUESTIONS

1. What is Ghorepani Poon Hill Trek?

The Ghorepani Poon Hill Trek stands as one of Nepal's premier short and scenic trekking routes within the Annapurna Conservation Area. Ghorepani, an enchanting Gurung settlement, showcases breathtaking vistas of the Annapurna and Dhaulagiri Himalayan ranges and nestles amid dense rhododendron and oak forests. The name Ghorepani translates to "horse water," referencing a picturesque alpine meadow that features Poon Hill (3,210 meters), widely recognized as the finest sunrise and sunset observation point throughout the Annapurna region. Pokhara serves as the primary access point for the Ghorepani Poon Hill Trek, which can be tailored to span anywhere from 2 to 8 days based on your preferences. If you are in Pokhara seeking a brief yet visually rewarding trekking experience, the Ghorepani Poon Hill Trek represents an excellent choice. Contact Sherpa Nomad Trek Pvt. Ltd. to personalize your itinerary and duration, and we provide competitive pricing aligned with our service quality standards.

2. What is the best time for Ghorepani Poon Hill Trek?

The best time to do the Ghorepani Poon Hill Trek is spring and autumn. Spring, spanning March through May, delivers mild temperatures, flourishing rhododendron blossoms, unobstructed mountain vistas, and favorable trekking conditions. Autumn, from September through November, is an equally outstanding option, with mostly clear skies, well-maintained dry trails, and striking, vivid mountain landscapes. October and November stand out as particularly sought-after trekking months. Winter, lasting from December through February, provides solitude on trails and excellent visibility; however, frigid conditions can prevail, particularly during early morning hours. Higher elevation sections may experience snow accumulation. The monsoon period, extending from June through August, introduces substantial precipitation, treacherous muddy terrain, dense cloud cover,

and restricted panoramic views. To maximize favorable climate conditions, panoramic clarity, and scenic beauty, plan your trek for October, November, April, or May. Witnessing sunrise from Poon Hill at dawn offers spectacular views of the Annapurna and Dhaulagiri mountain ranges.

3. What is the best company for Ghorepani Poon Hill Trek?

Sherpa Nomad Trek Pvt. Ltd. stands as a dependable local operator specializing in the Ghorepani Poon Hill Trek, directed by seasoned local trekking professionals with comprehensive knowledge of the terrain, cultural heritage, meteorological patterns, and alpine ecosystems. Partnering with a local trekking operator enables you to experience a more intimate and customizable adventure while contributing to Nepal's tourism sector and grassroots communities. Through Sherpa Nomad Trek Pvt. Ltd., trekkers can maintain a manageable pace and benefit from a customizable schedule tailored to their individual preferences, physical capabilities, and time constraints. The organization is dedicated to delivering comprehensive trekking solutions at competitive rates while upholding fundamental standards of safety and comfort. Safety constitutes a fundamental component of the trekking experience, encompassing meticulous expedition preparation, qualified leadership, systematic pathway navigation, and responsiveness to dynamic mountain circumstances. Regardless of whether you are embarking on your inaugural trek or possess extensive hiking experience, the professional team is equipped to ensure your Ghorepani Poon Hill expedition is comfortable, gratifying, and unforgettable while highlighting the scenic splendor and indigenous traditions of the Annapurna region.

4. Can You Do the Ghorepani Poon Hill Trek Solo?

Undertaking the Ghorepani Poon Hill Trek independently is entirely feasible. This route stands as one of the more manageable trekking options within the Annapurna region, featuring well-defined pathways, inhabited settlements, operational teahouses, and a consistent presence of other

trekkers. Solo trekking affords you the flexibility to set your own pace, pause for rest as desired, and appreciate the natural landscape according to your personal preferences. Nevertheless, independent trekking demands thorough planning. Ensure you pack appropriate outerwear, hydration supplies, energy-sustaining snacks, medical supplies, navigational tools or GPS applications, and a fully charged mobile device or portable battery. Prior to departure, assess meteorological forecasts and current trail status, and communicate your planned route to a trusted contact. Refrain from traveling unaccompanied during evening hours, and exercise heightened caution on unfamiliar or potentially hazardous terrain. To enhance safety and streamline logistics, engaging a certified local guide proves advantageous, particularly for those embarking on their inaugural trek. A professional guide can facilitate route navigation, lodging arrangements, local communication, and crisis management while enabling you to complete the trek with confidence and ease. Should you require assistance with your trekking expedition, please reach out to Sherpa Nomad Trek Pvt. Ltd.

5. Do we need permit for the Ghorepani Poon Hill Trek?

For the Ghorepani Poon Hill Trek, trekkers typically require two essential permits: the Annapurna Conservation Area Permit (ACAP) and the Trekkers' Information Management System (TIMS) card. The ACAP is mandatory because the trek traverses the Annapurna Conservation Area, which safeguards the region's ecological systems, fauna, and cultural heritage. The TIMS card functions as a registration and documentation tool for trekkers, facilitating safety protocols and administrative oversight in trekking regions. Because permit requirements and procedures can change, verify the latest regulations before your trek. When you engage a licensed trekking company such as Sherpa Nomad Trek Pvt. Ltd., they typically handle permit acquisition and guide existing procedures. Ensure you have your passport and multiple passport-sized photographs on hand, as you may need them during the permit application process. Before commencing your journey to Ghorepani and Poon Hill, verify that your permits are current and keep them in an easily accessible location

throughout your trek, as authorities may request verification at checkpoint stations positioned along the trekking route.

6. Can We Do the Ghorepani Poon Hill Trek in Winter?

The Ghorepani Poon Hill Trek is indeed feasible during winter months, spanning December through February. This season presents distinct advantages, including tranquil pathways, reduced foot traffic, and frequent opportunities for unobstructed views of the surrounding peaks. The cool, crisp conditions create ideal circumstances for observing the majestic Annapurna and Dhaulagiri mountain ranges, positioning winter as an excellent choice for seasoned and adequately equipped trekkers. Wintry conditions, however, introduce significant challenges. Temperatures drop considerably, particularly during dawn hours and at elevated altitudes. The Ghorepani and Poon Hill areas may experience snowfall, potentially rendering trails hazardous with ice and slippery surfaces. Mountain weather patterns are notably unpredictable and subject to rapid shifts. Thorough preparation is indispensable for a safe journey. Essential items include thermal clothing layers, an insulated sleeping bag, waterproof hiking footwear, hand coverings, headwear, and comprehensive winter equipment. Prior to commencing your trek, assess meteorological forecasts and current trail accessibility. Engaging a knowledgeable local guide is advisable when facing demanding environmental circumstances. Given appropriate gear, thorough planning, and adaptive strategies, the Ghorepani Poon Hill Trek transforms into an extraordinary winter expedition.

7. What does the mountain look like?

The accommodation provides a comfortable, contemporary, and welcoming setting that creates an ideal retreat for guests seeking relaxation. Each room is thoughtfully appointed with a quality bed, crisp linens, and essential furnishings, such as nightstands, storage closets, and a work or sitting area. Large windows allow abundant natural light to permeate the space and often display

panoramic views of the surrounding terrain. The interior design emphasizes understated elegance, incorporating warm color palettes and soft lighting that cultivate a peaceful atmosphere. The accommodation features a private, well-maintained bathroom outfitted with standard amenities, including a shower and toilet. Depending on the facility, guests may access additional conveniences such as Wi-Fi connectivity and climate control systems. In essence, the accommodation harmoniously combines comfort, cleanliness, and functionality, making it an exceptional sanctuary after a full day of exploration or travel. Our three-day Ghorepani Poon Hill trek encompasses two nights in mountain lodging. The first evening in Ghorepani offers a room with an ensuite bathroom, and the second evening in Ghandruk similarly provides lodging with an ensuite bathroom. If you prefer to stay in Tadapani, please be aware that ensuite bathrooms are unavailable at that location. Sherpa Nomad Trek maintains the finest accommodation quality standards according to current availability.

8. What makes Poon Hill famous?

Poon Hill stands out as a premier trekking destination in Nepal due to its exceptional Himalayan panoramas, picturesque terrain, and gratifying hiking experience that does not demand an extended duration or advanced technical skills. Situated within the Annapurna region, the route traverses picturesque settlements, verdant woodlands, cultivated hillsides, and flowering rhododendron groves. A principal attraction involves ascending Poon Hill at dawn, when early morning light bathes the snow-laden summits, notably Annapurna and Dhaulagiri, in golden radiance. The dynamic transformation of the mountain hues creates an indelible impression and furnishes outstanding photographic possibilities. The expedition further enables guests to engage with indigenous traditions and warmth by lodging in conventional highland settlements distributed throughout the pathway. In contrast to more prolonged Himalayan expeditions, Poon Hill remains comparatively approachable and appropriate for numerous adventurers possessing adequate physical conditioning. The synthesis of awe-inspiring vistas, authentic cultural immersion, and

feasible trekking renders Poon Hill a distinctive and enriching Nepalese trekking experience.

9. Which mountain can be seen from Poon Hill?

From Poon Hill, visitors can experience stunning panoramic vistas of several renowned peaks within the Annapurna and Dhaulagiri mountain ranges. The primary attractions include Dhaulagiri I (8,167 m), among the world's tallest summits, and Annapurna I (8,091 m), ranked as Earth's tenth-highest peak. Additional notable mountains visible from this vantage point encompass Annapurna South (7,219 m), Annapurna II (7,937 m), Annapurna III (7,555 m), Annapurna IV (7,525 m), Machhapuchhre (6,993 m), commonly referred to as Fishtail, and Hiunchuli (6,441 m). Weather permitting and under favorable visibility conditions, numerous additional peaks throughout the Himalayan range become visible. The dawn observation proves exceptionally remarkable, as morning rays progressively illuminate the snow-laden summits in golden hues. This extraordinary assemblage of majestic peaks and dynamic lighting effects establishes Poon Hill as one of Nepal's most sought-after mountain observation locations.

10. How Difficult is the Ghorepani Poon Hill Trek?

The Poon Hill Trek is widely regarded as a moderate and fairly accessible trekking route in Nepal, appealing to both novice and seasoned hikers. Typically spanning 3–5 days depending on your chosen route and walking speed, this trek features numerous stone staircases and challenging uphill stretches, particularly in the areas of Ulleri, Ghorepani, and the final ascent to Poon Hill. At approximately 3,210 metres (10,531 feet) in elevation, Poon Hill represents the trek's highest point, and some participants may encounter minor altitude-related symptoms. Nevertheless, the likelihood of severe altitude sickness remains considerably lower compared to other high-altitude Himalayan expeditions. Maintaining adequate physical conditioning, consistent walking preparation, and sufficient fluid intake will enhance your trekking experience. The pathways are well-maintained and

Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
Tel: +977-9851433082 | Email: info@sherpanomadtrek.com

clearly marked, with numerous tea houses and settlements positioned throughout the route to offer rest stops and overnight lodging options. In summary, while the trek demands solid endurance levels, it does not involve any technical mountaineering expertise, positioning it as an ideal starting point for those new to Himalayan trekking.

Sherpa Nomad Trek

Thamel Marg, Kathmandu, Nepal

Tel: +977-9851433082 | Email: info@sherpanomadtrek.com