Sherpa Nomad Trek
Thamel Marg, Kathmandu, Nepal
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Upper Mustang Nar Phu Trek with Saribung Peak - 26 Days

UPPER MUSTANG NAR PHU TREK WITH SARIBUNG PEAK CLIMB: EPIC JOURNEY IN THE ANNAPURNA REGION

Climbing Saribung Peak is an exhilarating adventure in the remote Annapurna region. This renowned peak offers not only climbing opportunities but also the chance to explore the pristine Upper Mustang trek and the Nar Phu Valley Trek. Furthermore, the combination of Saribung Peak with Upper Mustang and Nar Phu creates a comprehensive package for adventure enthusiasts eager to uncover the hidden treasures of these areas alongside the Saribung ascent. The 26-day Upper Mustang, Saribung, and Nar Phu Trek is one of the premier adventures within the Annapurna Conservation Area, providing profound cultural immersion and natural exploration of both Nar Phu and Upper Mustang. The Saribung Peak climb enhances this experience, making it a complete adventure for seasoned trekkers and adventure seekers. Journey along the path of tranquility, witness the dramatic landscapes, Tibetan cultural villages, cliffs, sandstone hills, caves, monasteries, forts, history, civilization, Buddhism, and the lifestyle in this remote and isolated region, offering a mythical exploration of awe-inspiring landscapes and stunning mountain vistas.

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DETAILED ITINERARY

Day 1: **Arrival in Kathmandu (1350m): Transfer to Hotel in Kathmandu**

Day 2: **Free Day in Kathmandu/ Preparation**

Day 3: **From Kathmandu to Pokhara by Plane**

Day 4: **Flight from Pokhara to Jomsom (2700m) and Trek to Kagbeni (2810m): 4-5 hours**

Day 5: **Trek from Kagbeni to Chele (3050m): 5-6 hours**

Day 6: **Trek from Chele to Syangmochen (3500m): 6 hours**

Day 7: **Trek from Syngmoche to Dhakmar (3500m):7 hours**

Day 8: **Trek from Dhakmar to Tserang via Ghar Gompa (4000m): 7 hours**

Day 9: **Trek from Tserang to Lo- Manthang (3800m): 3-4 hours**

Day 10: **Chhoser exploration / Lo Manthang**

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Day 11: Trek from Lomanthang to Yara (3900m): 7 hours

Day 12: Trek to Luri Gompa (4000m): 4 hours

Day 13: Trek from Luri Gompa to Ghuma Thanthi (4600m): 5/6 hours

Day 14: Trek from Ghuma Thanthi to Namta Khola (4890m): 6-7 hours

Day 15: Trek from Namta Khola to Saribung Base Camp (4950m):6-7 hours

Day 16: Acclimmazation in Saribung Base Camp

Day 17: Climbing to Saribung Base Camp to Saribung Camp I- 5700m, 5-6 hours

Day 18: Summit to Saribung Peak- 6346m, and back to Base Camp

Day 19: Free day in Base Camp

Day 20: Saribung Base Camp to Nagoru via Saribung Pass : 6-7 hours

Day 21: Trek from Nagoru to Phu (4080m): 6 hours

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Day 22: **Trek from Phu to Meta (3500m): 6 hours**

Day 23: **Trek from Meta to Koto (2600m): 6 hours**

Day 24: **Trek from Koto to Dharapani (2000m): 6 hours**

Day 25: **Dharapani to Kathmandu (1350m): 8 hours**

Day 26: **Departure**

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